

Fluorine-18 Radiochemistry

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Outline

- 1. PET radioisotopes
- 2. Properties of fluorine
- 3. Basic principles in radiochemistry of short-lived isotopes
 - i. Quantities
 - ii. Specific activity
 - iii. Radiolysis
- 4. Fluorine chemistry
 - i. Source of Fluorine-18
 - ii. Electrophilic and nucleophilic fluorine reagents
- 5. Electrophilic fluorination ("F+")
- 6. Nucleophilic fluorination ("F-")
 - i. General workflow
 - ii. Aromatic nucleophilic substitution (S_{NAr})
 - iii. Aliphatic nucleophilic substitution (S_{N2})
 - i. Mechanism
 - ii. Solvents
 - iii. Leaving groups, activating groups

PET Radioisotopes

- 1. Moderate half-lives
- 2. High specific activity

Radionuclide	Half-life	Decay ^a	Maximum specific activity ^b (GBq mol ⁻¹)	mg GBq ⁻¹	mg Ci ⁻¹
¹¹ C ¹³ N ¹⁵ O	20.4 min 9.96 min 2.07 min	$egin{split} η^{+} (99\%) \ η^{+} (99\%) \ η^{+} (99.9\%) \end{split}$	3.4×10^{11} 6.9×10^{11} 3.4×10^{12}	3.5 10 ⁻⁸ 2.0 10 ⁻⁸ 4.7 10 ⁻⁹	1.2×10^{-6} 6.9×0^{-7} 1.6×10^{-7}
¹⁸ F	109.7 min	$\beta^{+}(97\%)$	6.3×10^{10}	3.0 10 ⁻⁷	1.0×10^{-5}
³ H ¹⁴ C ¹²⁵ I ^{99m} Tc	12.3 years 5730 years 60 days 6 h	β^{-} (100%) β^{-} (100%) γ (EC) γ (IT)	$\begin{array}{c} 1.1 \times 10^{6} \\ 2.3 \times 10^{3} \\ 8 \times 10^{7} \\ 1.9 \times 10^{10} \end{array}$	2.7 10 ⁻³ 6.0 1.5 10 ⁻³ 5.2 10 ⁻⁶	$\begin{array}{c} 0.1 \\ 224 \\ 5.8 \times 10^{-2} \\ 1.9 \times 10^{-4} \end{array}$

 Table 1. Comparative physical properties of the most common used radionuclides

^a EC: electron capture; IT: Isomeric Transition.

^b Defined as the number of decay N per second and per mole.

3. Low positron energy- shortest diffusion ranges < 2.4 mm

Table 5. Comparison of maximum energy and linear range of the commonly used positron emitters

Radionuclide	Maximum energy (MeV)	Maximum linear range in H_2O (mm)
¹¹ C	0.96	4.12
¹³ N	1.19	5.39
¹⁵ O	1.72	8.20
¹⁸ F	0.635	2.39

M.-C. Lasne et al. Topics in Current Chemistry. 2002. 22



- Low positron energy and short range in tissue (high resolution)
- 97% β⁺ decay
- high specific activity
- can be produced in large amount in a cyclotron (>10 Ci)
- can be labeled in high radiochemical yields for PET tracers
- acceptable radiation dosimetry for multiple studies in a patient
- allow transportation from production site to PET imaging centers (T_{1/2}= 109.7 min)
 Slide from Clifton Shen, M248 2009

Properties of Fluorine

- 1. F bioisostere with O (size and electronegativity)
- 2. F most electronegative (highest number of protons in nucleus)

Element (X)	van der Waals radius [Å]	Electronegativity (Pauling scale)	Bond length of C–X [Å]
Н	1.20	2.20	1.09
0	1.52	3.44	1.43
F	1.47	3.98	1.35

M.-C. Lasne et al. Topics in Current Chemistry. 2002. 22

3. C-F bond is the strongest and is highly polarized

	H (1.2)	C (1.70)	N (1.55)	O (1.52)	F (1.47)
Van der Waals radii/Å	Si (2.1)	P (1.8)	S (1.8)	Cl (1.74)	
Bond lengths/Å	C-H (1.09)	C-C (1.54)	C-N (1.47)	C-O (1.43)	C-F (1.35)
-	C-Si (1.85)	C-P (1.84)	C-S (1.82)	C-Cl (1.77)	

Hydration energy 507 kJ/moles

 $F^{-}(H_2O)_n$

F⁻ + $H^{\delta+}$ → HF (bonding): 565 kJ/moles



Where to Label? i.e.: PET probe design

Fluorine ~ **H**: size and valence e⁻ (isosteres)

~ O: electronegativity

Synthetic method consideration

 (1) <u>Chemoselectivity and (2)</u> <u>regioselectivity:</u> which carbon?
 (3) <u>Stereoselectivity:</u> spatial orientation of F relative to other functional groups?



ONLY IN RADIOCHEMISTRY

Specific Activity

- 1. Specific activity
- 2. Amount
- 3. Radiolysis
- 4. Radiochemical yield

 $\frac{Radioactivity (Ci)}{Mass (\mu moles)} \leftarrow Molecules of F-18$ Molecules of F-18 + F-19

F19 x20-40

F19 x10-50

Maximum theoretical SA of F-18 ion ~ 1710 Ci/µmole

In reality, SA F-18 ions ([18F]F⁻/[¹⁸O]H₂O] obtained from the cyclotron ~ 50-100 Ci/µmole

SA of $[^{18}F]FDG = 2-5 Ci/\mu mole$

How to measure specific activity of fluorine-18?: [¹⁸F]F₂? [¹⁸F]F⁻?

Casella VR et al. **1980**. J Nucl Med 21:750 Coenen et al. **1986**, Appl Radiat Isot 37:1135 Small M. et al., Anal Chem. **1975**. Anal Chem 47, 1801

Syntheses and Specific Activity Determinations of No-Carrier-Added Fluorine-18-Labeled Neuroleptic Drugs

Chyng-Yann Shiue, Joanna S. Fowler, Alfred P. Wolf, Masazumi Watanabe, and Carroll D. Arnett

Chemistry Department, Brookhaven National Laboratory, Upton, New York

J Nucl Med 26:181-186, 1985



Scheme 1. i) irradiation; ii) Cs₂CO₃; iii) *p*-nitrobenzonitrile, DMSO, 140 °C, 10 min; iv) cyclo-propyllithium, Et₂O; v) HCl, MeOH, 110 °C, 7 min; vi) R¹R²NH, KI, 100 °C, DMF-THF

M.-C. Lasne et al. Topics in Current Chemistry. 2002. 22

Why is SA important?

For imaging receptors (cell surface receptors, brains...etc)

- o limited number
- o Irreversible binding



General rule of thumb:



What affects SA of F18 ion?

1. Radioactivity, bombardment time and dose **Dose vs Specific Act**

2. lons contamination from target



Higher radioactivity, higher SA?

Table 1. Specific radioactivity of ¹⁸F, saturation activity and activity at EOB as functions of dose and dose rate for the nuclear reaction ${}^{18}O(p, n){}^{18}F$ (target system B, see also text)

Dose (mC)	t _(icr.) (min)	Dose rate (µA)	A _(EOB) (mCi)	A _(EOSB) (mCi/μA)	Sp. act. (Ci/µmol)
0.3	5	1	3.5	114	2.7
0.9	15	1	11.6	128	11
1.5	5	5	16.1	103	16
3.0	5	10	31.5	101	_
3.6	60	1	33,9	1 07	20
4.5	15	5	47.3	105	38
9.0	15	10	78.0	86	62
18.0	60	5	159.1	101	130
36.0	60	10	269.3	85	140



Solin O., Appl Radiat Isot. **1988**, 39, 1065-1071

3. Contamination from materials

(a) Radiolysis in Teflon
tubing and
components

- Radioactivity levels
- o Incubation time

Table 1. Carrier mass from 11.system components	1 GBq (300	mCi) exp	osure to
Teflon item	Surface (cm ²)	Time (min)	Mass (nmol)
1.5 mm Teflon tubing (790 cm) Teflon resin holder	252	1.25 3	72 47
Teflon tube in reaction vessel	1.7	20	170
Rheodyne slider valve	2.3	1.25	6.3
Control-reagents only	0	0	25
Control-mock target water	0	0	23
All components	267	N/A	357

Controlled experiments **without** Teflon tubing: 25-51 Ci/umole In the presence of Teflon tubing average SA ~ 0.6 Ci/umole

(b) Contamination from	(c) Contamination from QMA
reagents	resins
$K_2CO_3 \sim 10$ nmole of F19	SAX resin
K222 = ~ 30 nmole of F19	Resin vs no resin: 5000 vs 700
Precursor ~ negligible	mCi/umole

Berridge M.S. et al., JLRC. **2009**, 52, 543-548 Pike V. et al., Curr Radiopharm. **2009**, 2, 1.

How to measure specific activity of labeled molecules?



Figure 1. Chromatogram representative of analytical results, from a synthesis in a non-Teflon apparatus: target irradiation 40 µA, 10 min, 13.6 GBq (367 mCi) [¹⁸F]fluoride EOB, 0.03 nmole injected on HPLC, 7.8 nmole total carrier in sample, specific activity 1.185 TBq (32,027 mCi)/µmole at 60 min EOB.

Measure cold mass after probes decay.

- 1. Develop calibration curve
- 2. Commonly used detection techniques:
 - HPLC (UV detection for UV-active molecules)
 - Pulsed amperometric (carbohydrates, non-UV active molecules)

Berridge M.S. et al., JLRC. 2009, 52, 543-548

Only in radiochemistry

- 1. Specific activity
- 2. Amount
- 3. Radiolysis
- 4. Radiochemical yield Theoretical specific activity 1710 Ci/µmole
- 1 Ciradioactivity ~ 60 nmoles fluoride ion
- Typical reaction conditions
- Precursors and reagent : 10-100 mmoles
- Reaction rate of stoichiometry $S_N 2 = [Substrate] \times [nucleophiles]$
- Reaction rate of $S_N 2$ in radiochemistry = [Substrate]
- Increased in [Substrate], increasing reaction rates
- Detection? Rates? Concentrations?

Basic Radiochemistry

Transient Toxicity of 2-Deoxy-2-[¹⁸F]Fluoro-D-Glucose in Mammalian Cells: Concise Communication

A. I. Kassis, S. J. Adelstein, A. P. Wolf, J. G. Fowler, and C.-Y. Shiue

Harvard Medical School, Boston, Massachusetts, and Brookhaven National Laboratory, Upton, New York

The kinetics of uptake and toxicity of the positron emitter F-18 have been examined in a cultured cell line. 2-Deoxy-2[¹⁸F]fluoro-D-glucose (¹⁸FDG) concentrated rapidly within Chinese hamster V79 cells, and the uptake was linear with the extracellular radioactive concentrations. Whereas ¹⁸FDG synthesized 2 hr before the incubation did not appear to be toxic, that synthesized 5 hr previously was highly toxic. Toxicity was transient and independent of both the extracellular/intracellular radioactive concentration and the energy released from the decay of fluorine-18. Similarly synthesized nonradioactive FDG and Na¹⁸F were not toxic under comparable experimental conditions. We conclude that this transient toxicity is due to an unidentified chemical species that is cytocidal following intracellular localization. These toxic levels are not likely to be achieved in the clinical use of ¹⁸FDG due to dilution factors that are orders of magnitude greater than those used in these in vitro studies.

J Nucl Med 24: 1055-1059, 1983

Conclusion: Toxic, unstable side products form by the presence of the higher energy positron in a concentrated solution

Only in Radiochemistry c activity Each ¹⁸F decay ($T_{1/2}$ =109.8 mins, E_{maxB+} = 0.69 MeV) \rightarrow

releases positrons (β^+) particles of 0.23 MeV

Araburonic acid

- 1. Specific activity
- 2. Amount
- 3. Radiolysis
- CH,OH CH,OH 4. Radiochemical yield COOH 0.69 MeV 2-fluorogluconic acid ·OH,O₂ ÇH₂OH COOH 18F 18 OH SH SH OH.O2 ÓН ċн 2-fluoro-2-deoxyglucose 2-fluoroglucuronic acid ~0.4 mm CH2OH CH,OH Arabinose OH,O₂ ÓН 0.23 MeV ÓН OX. Glucose

Buriova E et al., J Radioanalytical and Nucl Chem. 2005, 264, 595-602

ÓΗ

Arabonic acid

General requirements of synthesis of short-lived radioisotopes

1. Fast, fast and fast. Rule of thumb: 3 half-life. For F18 <6 hours.

2. Non-stoichiometry reactions. Large excess of reagents/precursors to increase the reaction rates



3. High temperatures to increase the reaction rates

4. Optimization of reaction conditions (time, temperature, solvents, concentrations)

Only in Radiochemistry

- 1. Specific activity
- 2. Amount
- 3. Radiolysis
- 4. Radiochemical yield (RCY)

Definition RCY:



- (1) Fluorination efficiency (radio-TLC or radio-HPLC) ** THIS IS NOT RCY!
 (2) RCY yield= Percentage of (purified product/starting radioactivity)
 - Decay corrected (corrected to (EOB, EOS)
 - Non decay corrected
 - Which one is more useful?
 - Eg: decay corrected RCY = 20% with a synthesis time of 90 mins→ Non decay corrected RCY ~ 11%
- (3) For reaction optimization/research and development
 - Crude RCY %= [Total radioactivity collected x (conversion by radio-TLC)]/(total starting radioactivity)
 - ** important losses as volatile side radioactive products; reoptimize conditions.

F18 LABELING METHOD



Table 4. Currently used methods of ¹⁸F production

Nuclear	Target	Beam energy	Product	Specific
reaction	material	(MeV)		radioactivity
20 Ne(d, α) ¹⁸ F	0.1 % F ₂ /Ne	18 or 23	$[^{18}F]F_2$	30 – 370 MBq μmol ⁻¹
20 Ne(d, α) ¹⁸ F	15 % H ₂ /Ne	14	$[^{18}F]HF$	0.1 – 1 TBq μmol ⁻¹
18 O(p, n) ¹⁸ F	H ₂ ¹⁸ O	15	$[^{18}F]F^-$	0.01 – 7 TBq μmol ²



ELECTROPHILIC FLUORINATION

Electrophilic Fluorination

2. Selective precursor (HgOCOCF₃ or $Sn(CH_3)_3$)

Electrophilic fluorination

1976: First synthesis of [¹⁸F]FDG at Brookhaven National Lab.
→ U of Pennsylvania, the 1st [¹⁸F]FDG PET imaging of the brain
1978: Preclinical studies of [18F]FDG for myocardial metabolism
1980: Preclinical studies of [18F]FDG for tumor metabolism

N-[¹⁸F]F Radiofluorination

Gouverneur, V. et al, Angew Chemie Int Ed. 2012, 51, 2-14

Electrophilic fluorination agent Reactive, but more **selective** Easier to handle –solid, liquid Not as corrosive as F_2 gas.

Gouverneur, V. et al. Angew Chem Int Ed. 2010, 49, 6821

Summary Electrophilic Fluorination

1. [18F]F₂ gas:

- i. Gaseous, difficult to handle
- ii. Low specific activity, doped with F_2 gas
- iii. Need dedicated cyclotron and radiochemistry lab
- 2. Extremely reactive.
- 3. Aromatic substrates (electron rich substrates)
- 4. New, milder, and more selective N-[18F] fluorination agent
- 5. Improve specific activity of $[18F]F_2$ by gas discharge method (SA

NUCLEOPHILIC FLUORINATION

PET Probes from Nucleophilic Fluorination

[18F]F Nucleophilic Sources

Alkaline metal fluoride (1) MF (M: K, Cs, Ag)

Common alkali metal fluorides

Increasing ionic strength

LiF < NaF < KF < CsF

Increasing nucleophilicity Increasing solubility

<u>Metal cations that render</u> <u>nucleophilicity</u> Al, In, Ni, Cu, Zn, Ca, Na [¹⁸F]fluoride ion/[¹⁸O]H₂O

K_{2.2.2}/ K₂CO₃ or TBAOH/TBAHCO₃

KF/Cryptand

Tetraalkylammonium fluoride

e?

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(1) Role of PTC?

(2) Role of base?

Starks, C.M. J. Am. Chem. Soc. 1971, 93, 195

Which PTC or Base?

1. Solubility, (2) Stability, (4) Hygroscopic (likes water)

Role of Base

<u>Role of base</u>

(1) Prevent formation of H[18F]F \rightarrow volatile, lost radioactivity

- (2) Counter ion for [18F]fluoride ion complexation-phase transfer
- (3) Side reactions and decomposition of PTC
- (4) Base hydrolysis of precursor (base sensitive)
- (5) Base catalyzed side reactions

Molar ratio Kryptofix >base (K $_2$ CO $_3$ and KHCO $_3$)- decomposition, and 2 K⁺ Choice of base

Base	pKb	
K ₂ CO ₃	3.8	M
KHCO3	7.6	bre
K+ oxalate	10	s D d
H ₂ O	14	ō

Kryptofix/K/oxalate system ALONE- resulted in 30% loss of radioactivity as H[18F]F Add 30-50 ug of K_2CO_3 to prevent radioactivity losses during drying $_{35}$

Literature example, the role of base

Direct nucleophilic fluorination of butyrophenone neuroleptics

Katsifis, A. et al. Appl Radiat Isot. 1993, 44, 1015

Typical workflow of F18 ion radiochemistry

Phase Transfer Catalysis and azeotropic distillation in Radiochemistry?

Nucleophilic Aliphatic Substitution

(1) $S_N 2$ substitution mechanism \rightarrow Radiolabelled product

Stereochemical Consequences

Nucleophilic Aliphatic Substitution 3. Solvents (Dielectric constant? acidic H? H-bonding?)

Choice: Solubility, boiling point, dielectric constant 41

Nucleophilic Aliphatic Substitution 2. Side reactions

(1) Undesirable reaction: E2 elimination mechanism \rightarrow Side product

or other base (K₂CO₃, Kryptofix, KHCO₃, TBAHCO₃...etc)

- i. Optimal ratio of phase transfer catalyst:base:precursor
- ii. Choice of base eg: potassium oxalate
- iii. Higher temperature \rightarrow higher elimination by products
- iv. Better leaving group are more sensitive to elimination side reaction, especially with increasing temperatures
- v. Elimination rate in 2° LG >> 1° LG

F18-F19 exchange

Side reaction

Lowers RCY. Importance of leaving group. Less reactive LG (mesylate) \rightarrow 0 yield Roeda D. et al., Current Radiopharm. 2010, 3, 81-108

Side reaction with leaving group

Nucleophilic Aliphatic Substitution Example: Side reaction in [18F]FLT

Roeda D. et al., Current Radiopharm. 2010, 3, 81-108

Nucleophilic Aliphatic Substitution 4. Precursor design: Leaving group K_{rel}

H₃C

3.7 x 10⁴ Tosylate (Ts) ∬ s;—o⁻) O 3.0×10^4 Mesylate (Ms) H₃C 91 14 Br-2.1 CF₃CO₂-9 x 10⁻⁶ 5.5 x 10⁻⁶ p-nitrobenzoate 1.4x 10⁻⁶ CH₃CO₂-

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Literature Survey: FLT synthesis

Eisenhut, M. et al. Nuc Med Biol. 2002, 263-273

The n.c.a. [¹⁸F]FDG synthesis Efficient Stereospecific Synthesis of No-Carrier-Added 2-[¹⁸F]-Fluoro-2-Deoxy-D-Glucose Using Aminopolyether Supported Nucleophilic Substitution

K. Hamacher, H. H. Coenen, and G. Stöcklin

Institut für Chemie 1 (Nuklearchemie), Kernforschungsanlage Jülich GmbH, Jülich, FRG

An aminopolyether mediated synthesis of fluorine-18 (¹⁸F) 2-fluoro-2-deoxy-D-glucose (FDG) has been developed. The nucleophilic fluorination with accelerator-produced [¹⁸F]fluoride works at the no-carrier-added level and gives epimerically pure 2-¹⁸FDG with an uncorrected radiochemical yield of a maximum 50% in a synthesis time of \sim 50 min from EOB.

J Nucl Med 27:235-238, 1986

NUCLEOPHILIC AROMATIC SUBSTITUTION

Precursor Requirements

(a) Activating effect: EWG: $3-NO_2 < 4-CH_3CO < 4-CN < 4-NO_2$

(b) Leaving group: $I < Br < CI < F < NO_2 < N^+Me_3$ (C-F bond making is RLS. Polar effects favors addition step)

(c) Solvent effect: DMSO > DMAc (N,N,-dimethylacetamide) > sulfolane >> acetonitrile

Side Reactions in S_{NAr}

Li, X. et al. Bioconjugate Chem. 2008, 19, 1684-1688 Solin, O. et al. J Fluorine Chemistry, 2012, 143, 49-56

Nucleophilic Aromatic Substitution *of substrate without EWG?*

^{[18}F]F-Nucleophilic Heteroaromatic Substitution

LUMO of pyridine at ortho and para position lower than benzene No need activating group

Coenen, H.H. 2007. Basic Fluorine-18 Labeling Methods

	150 °C	180 °C
LG	RCY (%)	RCY (%)
l	1	19
Cl	23	57
Br	25	87
NO ₂	92	89
$(CH_3)_3N^+CF_3SO_3^-$	90	92

Scheme 46. i) ¹⁸F]F⁻/K₂CO₃/K₂₂₂, DMSO

Irie, T. et al. App Radiat Isot. 1982. 33 445. Gouverneur, V. et al. Angew Chem Int Ed. 2012, 51, 2-14

 TABLE 2. Temperature dependence of the radiochemical yields of ¹⁸F-(IV)

Reaction temp. (°C)	Radiochemical yield (%) ¹	
room temp	55-66	
50-60	68-75	
80-90	0.4-1.4	

¹ Yields from the reaction for 20 min of 15 μ mol of (II) with the solubilized K¹⁸F (1.2 μ mol) in DMF-CE solution before addition of (II).

Summary Nucleophilic Substitution

- 1. Preferred method
- 2. High specific activity of [18F]F⁻ vs [18F]F₂ (1740 Ci/umole vs 0.1 Ci/umole)
- 3. Easy to handle (liquid vs gas)
- 4. [¹⁸F]F⁻ Can be transported and distributed to nearby imaging clinicic (Decentralized model of PET probe production)
- 5. $S_{\rm N} 2$, leaving group, solvent, phase transfer catalyst and base
- 6. Side reactions, optimization
- 7. Activated substrate and good leaving group for $S_{\rm NAr}$

INDIRECT F18-LABELING

Commonly used [18F]Prosthetic groups

CHALLENGES IN F18 RADIOCHEMISTRY

Hot cells. Pb shielding

Automation

Expensive, bulky synthesizer 1-synthesizer, 1-probe workflow

Dedicated radiochemistry lab

- Robotic arms
- High-cost
- Low-throughput
- Bulky
- Complicated
- Need skillful personnel
- Limited flexibility

Slide adapted from Clifton Shen M248

A Typical Workflow of PET imaging

Centralized PET probes production

• PET radiopharmacies

DeCentralized Production of PET Probes

New technologies, simplified chemistry, higher kinetics, higher reaction selectivity

References

L. Cai, S. Lu, and V. W. Pike, "Chemistry with [18F]Fluoride Ion (Eur. J. Org. Chem. 17/2008)," European Journal of Organic Chemistry, vol. 2008, no. 17, pp. 2843-2843, Jun. 2008

Roeda D. et al., Current Radiopharm. 2010, 3, 81-108

M.-C. Lasne et al. Topics in Current Chemistry. 2002. 22

Banister et al. Current Radiopharm, 2010, 3, 68-80

Gouverneur, V. et al, Angew Chemie Int Ed. 2012, 51, 2-14