

*PET Imaging in the Clinic: Predictive and intermediate endpoint biomarkers*



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Conflict of Interest: Founder: Sofie Biosciences

PET/CT is the best modality for initial and subsequent management decisions in cancer



**Biograph**  
6, 40, 64



**Discovery**  
ST, STE, VCT, RX



**Gemini**  
GXL, TF

>2000 scanners installed in the US;  
>2 Mil studies in 2012  
Reasonable cost (\$1-3 Mil)  
Established business model  
Cost-effectiveness shown for many cancers  
Impact on Management documented (pioneering NOPR work)  
Impact on outcome shown in some cancers (MUNICON, PLUS, etc)  
6500 publications under PET/CT  
17545 publications under FDG  
18516 publications under PET cancer  
*PET/CT with 10-15% higher accuracy than PET or CT alone*

### One stop shop frequently requires intravenous contrast

CT is indispensable for the planning of all interventions (surgery, biopsy, radiation, etc.; RECIST still standard of care)

IV contrast-enhanced FDG PET/CT is superior to contrast-enhanced CT alone and to unenhanced FDG PET/CT

- i) Pfannenbergl AC et al. Br J Radiol 2007;80 : 437-445 (mixed population)
- ii) Pfannenbergl AC et al. Eur J Nucl Med Mol Imaging 2007;34 : 36-44
- iii) Tateishi U et al. Eur J Nucl Med Mol Imaging 2007; 34: 1627-1634 (colorectal cancer)

Use of IV contrast material increases lesion detectability (important in FDG negative lesions) iv) Cantwell et al. J Comput Assist Tomogr 2008; 34: 738-744 (metastatic liver lesions)

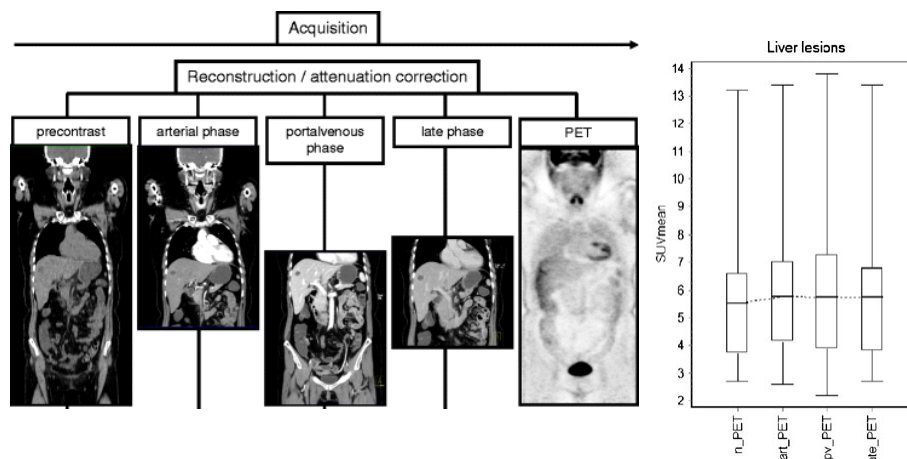
Multiphase contrast protocols are feasible

Oral contrast agents can aid in the evaluation of the GI tract

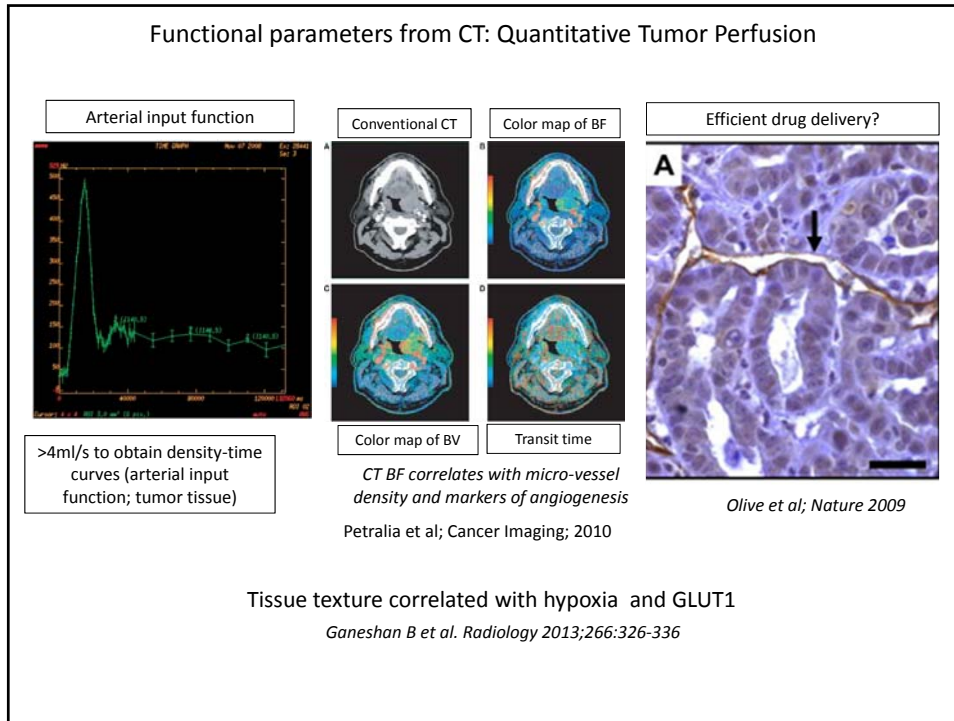
High attenuation values associated with high-density IV contrast cause attenuation-correction artifacts that are easily recognized

### Multiphase contrast protocols

>85% of all PET/CT studies performed with iv contrast at UCLA  
Multi-phase contrast in pancreas and liver

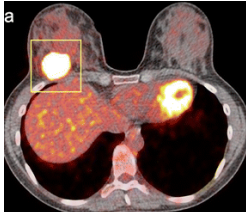


Aschoff et al; Eur J Nucl Med Mol Imaging 2012



### PET biomarker Definition

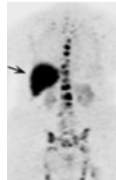
Koolen et al;  
EJNMMI 2012



*Diagnostic/Phenotypic/  
Prognostic Biomarkers*

Is the disease present?  
What is the phenotype?  
What is the prognosis?

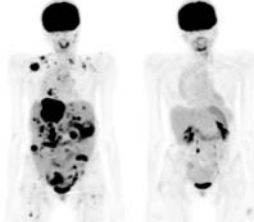
Linden et al;  
JCO 2007



*Predictive Biomarkers*

Is the therapeutic target expressed?  
Will the drug work?  
<sup>68</sup>Ga-DOTATATE; <sup>18</sup>F-FES; <sup>18</sup>F-FAC

UCLA 2013



*Interm. endpoint Biomarkers*

Does the drug work?  
<sup>18</sup>F-FDG; <sup>18</sup>F-AA; <sup>18</sup>F-FLT

*PD/PK Biomarkers*

How is the drug distributed?  
Is the target inhibited?

>2000 PET probe have been synthesized,

However 99.6% of clinical studies use one probe

Why is it so difficult?

Poor rationale

Limited needs assessments

Validation

Proof of clinical value

Reference book for PET pharmaceuticals 2004

Cyclotron and Radioisotope Center  
Tohoku University

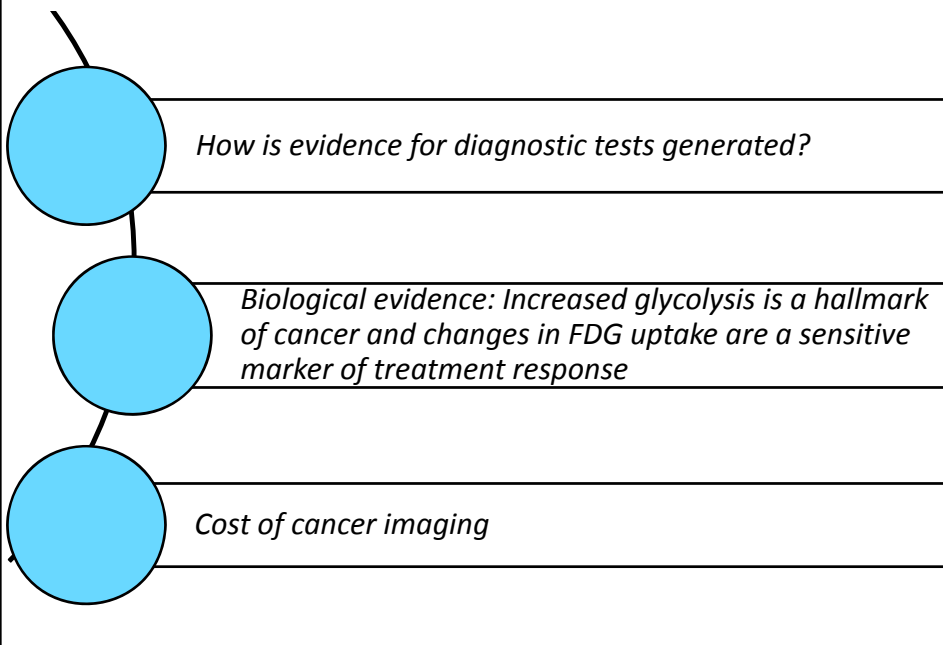
Ren Iwata

## What is the required evidence for “new” imaging probes?

Feasibility	Easy to synthesize? Easy to distribute?
Assay	Does it measure what it is supposed to measure?
Accuracy	better than alternative; same, but at lower cost
Diagnostic value	How does test compare to other tests?
Therapeutic value	Does the test improve therapy?
Patient and societal value	Does the test improve patient outcome at reasonable cost (many outcome parameters should be considered)

*Adapted from Jager et al; JNM 2001*

## Evidence Based Use of $^{18}\text{F}$ -FDG PET/CT



## How is evidence generated?

Schueneman et al; APC club 2008: "If a test fails to improve patient-important outcomes, there is no reason to use it, whatever its accuracy."

### Accuracy studies

Test 1 vs. Test 2; gold standard biopsy, imaging follow up etc.

### Ungated RCT (<sup>18</sup>F-NaF trial)

Comparison of 2 management strategies; one uses new test; the other one standard test  
Outcome: OS, quality of life, PFS

### Gated RCT

All pts undergo both tests;  
Randomization restricted to pts in whom test results would lead to different management decisions

### Decision modeling

Data based on literature

### Management decision studies

National Oncology PET Registry (NOPR)

Meta-analysis, expert opinions, etc..

Test performance rated by HTA groups, regulatory agencies, etc

Question Quality Assessment of Diagnostic Accuracy Studies (QUADAS) (14 questions)

6 **Did patients receive the same reference standard regardless of the index test result?**

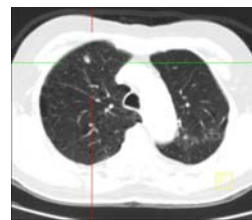
7 Was the reference standard independent of the index test (i.e., the index test did not form part of the reference standard)?

10 **Were index test results interpreted without knowledge of results of reference standard?**

11 Were reference standard results interpreted without knowledge of results of index test?



Reference standard: Biopsy



Question 6: Did patients receive same reference standard regardless of the index test result?

Sensitivity overestimated if biopsy only performed in positive scans

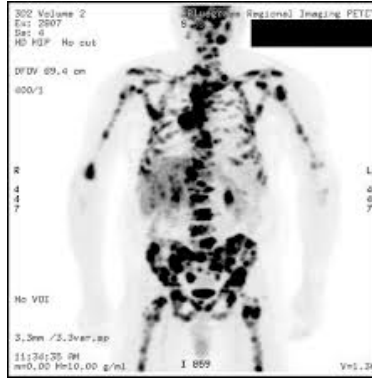
Question 10: Were index test results interpreted without knowledge of reference standard?

Differentiation of SPNs is biased when PET reader knows results of histopathology

These questions may NOT make sense..(see Weber et al; JNM 2011;52 Suppl 2 )

Were reference standard results interpreted without knowledge of results of index test?  
Histologic verification not possible unless a lesion has been identified by imaging.

Were reference standard results interpreted without knowledge of results of index test?  
Imaging used as follow up confirmation: Thus index test used as reference test



Patient with widespread metastases

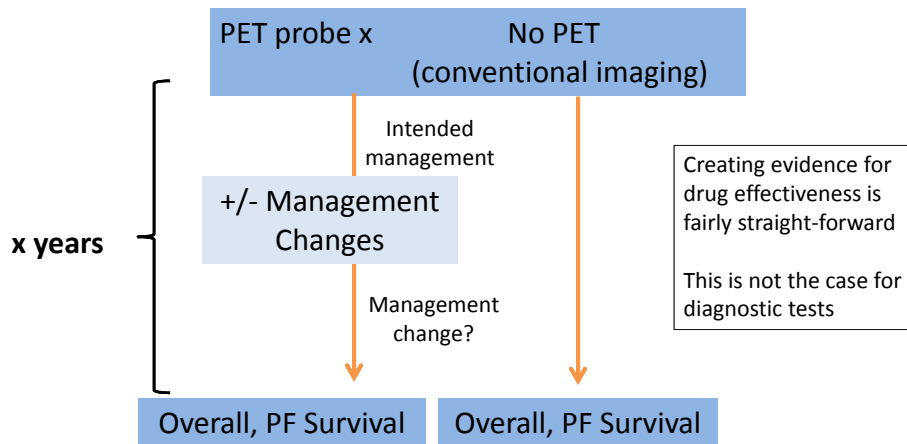
Were reference standard results interpreted without knowledge of results of index test?  
Pathologist knows imaging findings: Thus, reference not independent of index test

Reference standard cannot be determined when an imaging result is normal (autopsy required)

Thus, it is impossible to design a study for detection of distant metastases by an imaging modality without violating 6/14 requirements made by QUADAS.  
Same true for all other imaging modalities

Study Design to determine impact on outcome in pts with Glioblastoma

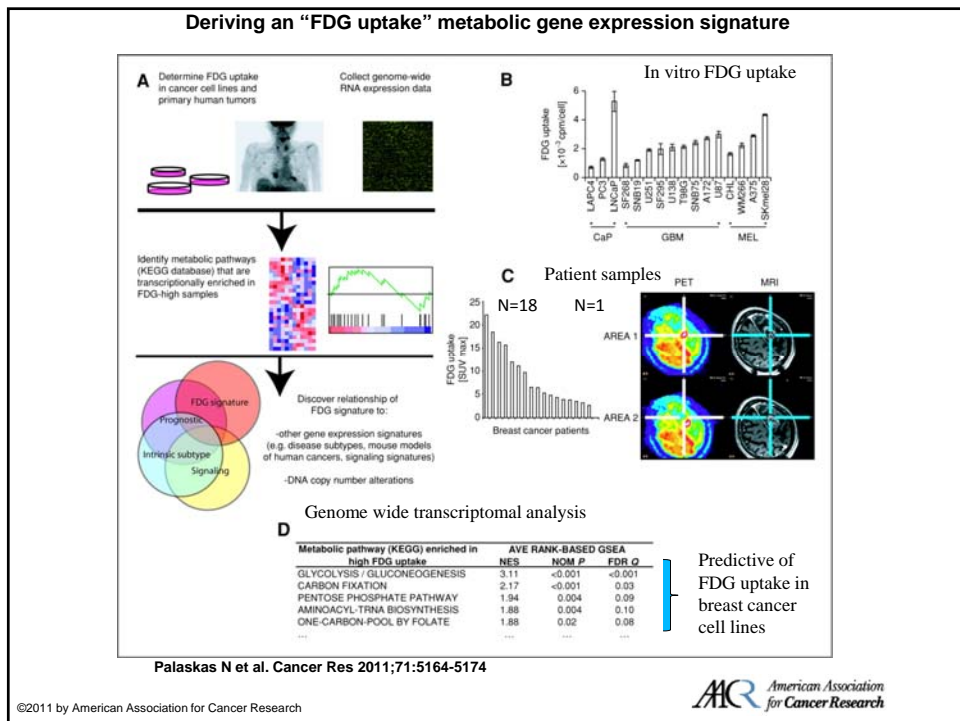
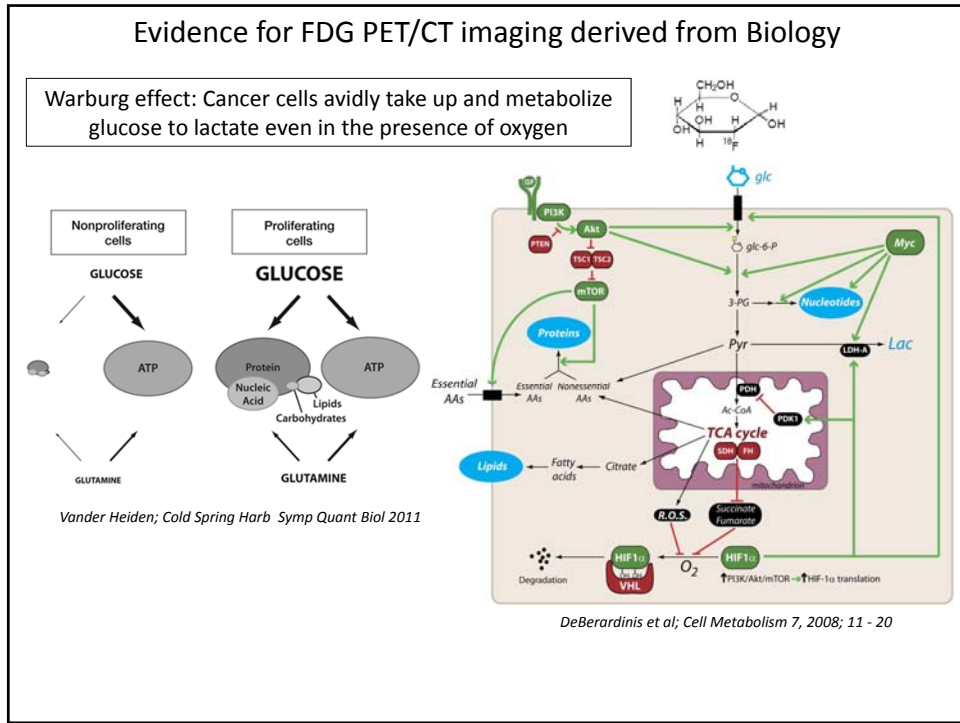
Pts with suspected recurrence by MRI



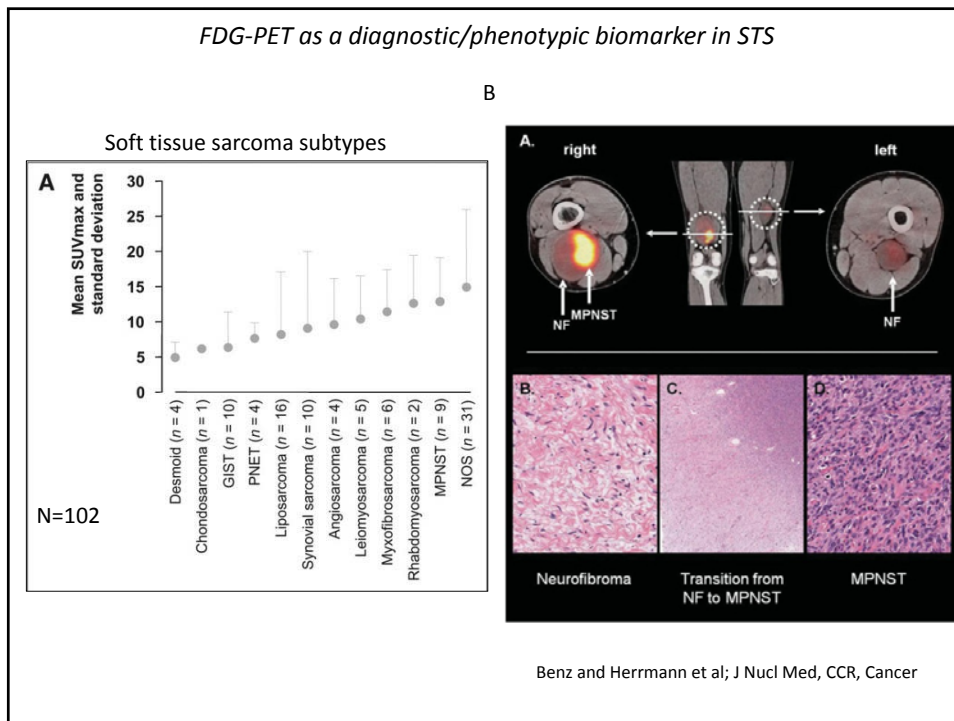
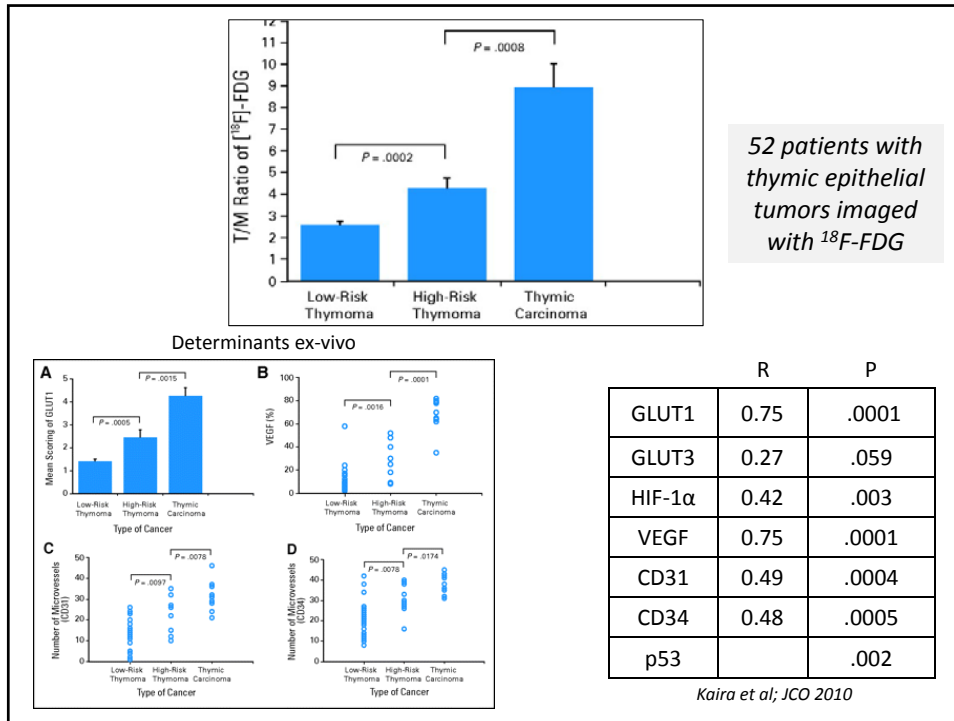
What if diagnostic tests are "better" than available therapeutics?

Herrmann et al; in progress

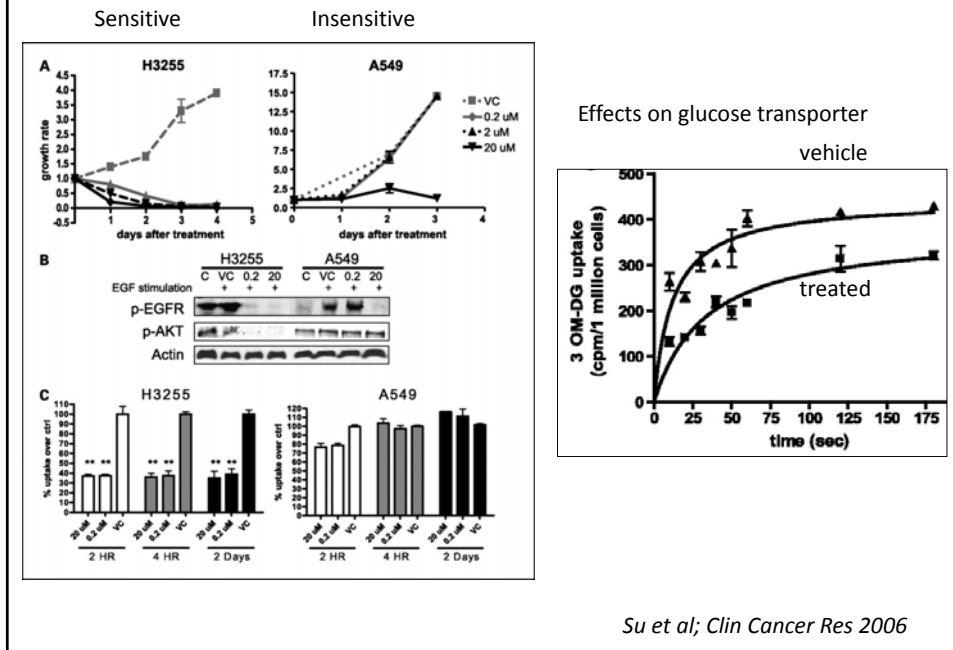




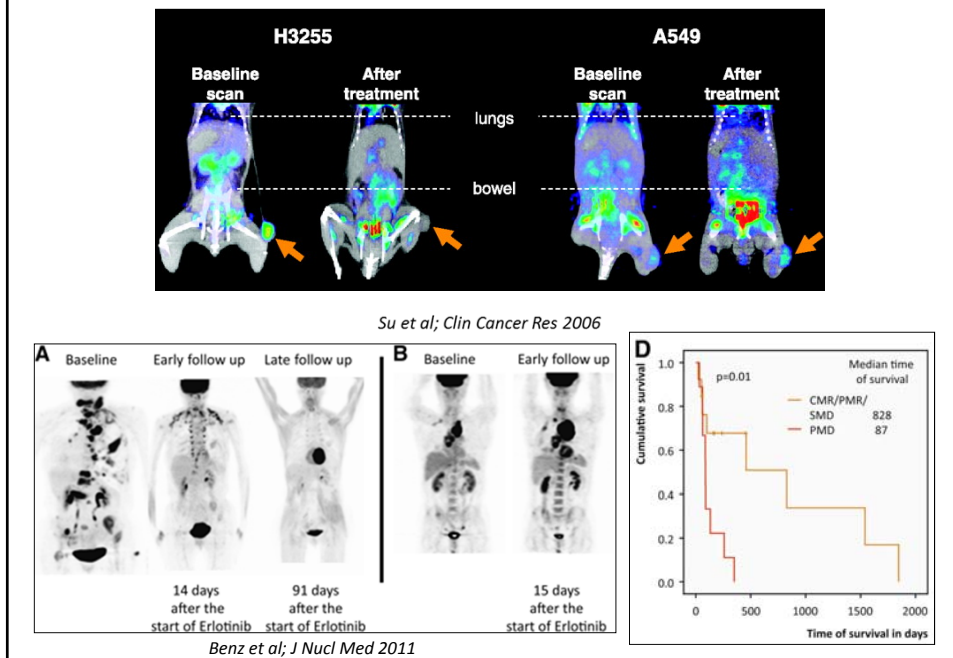


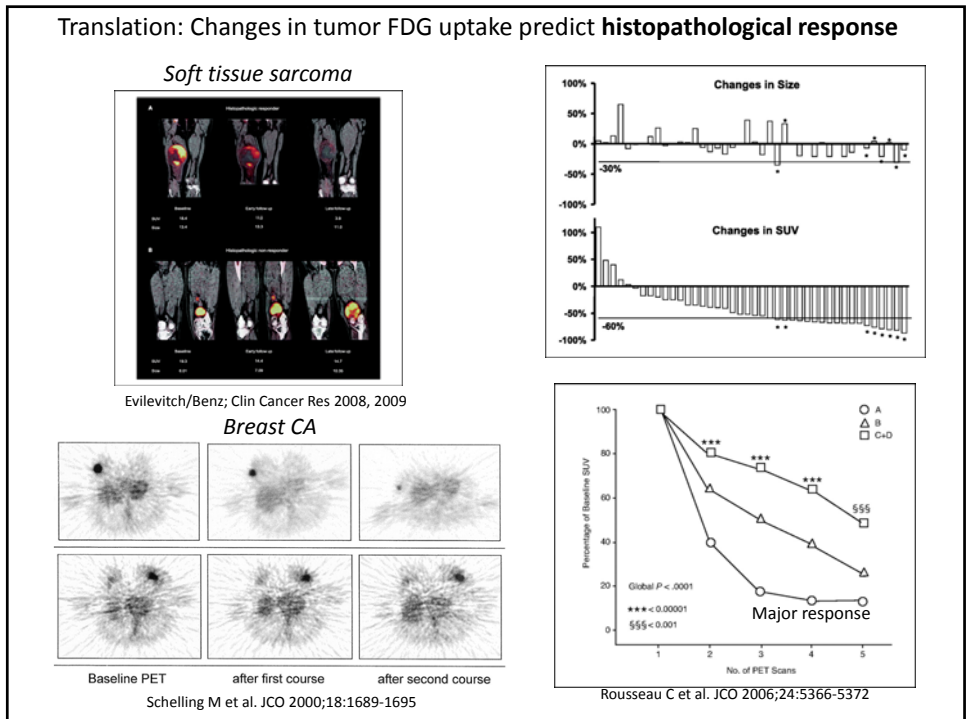
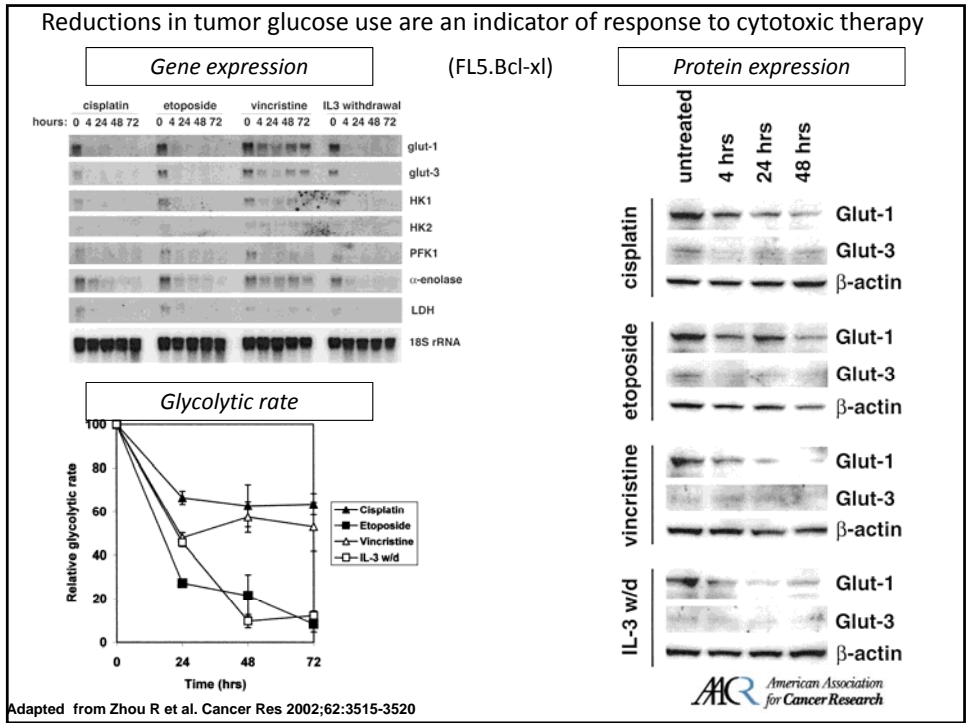


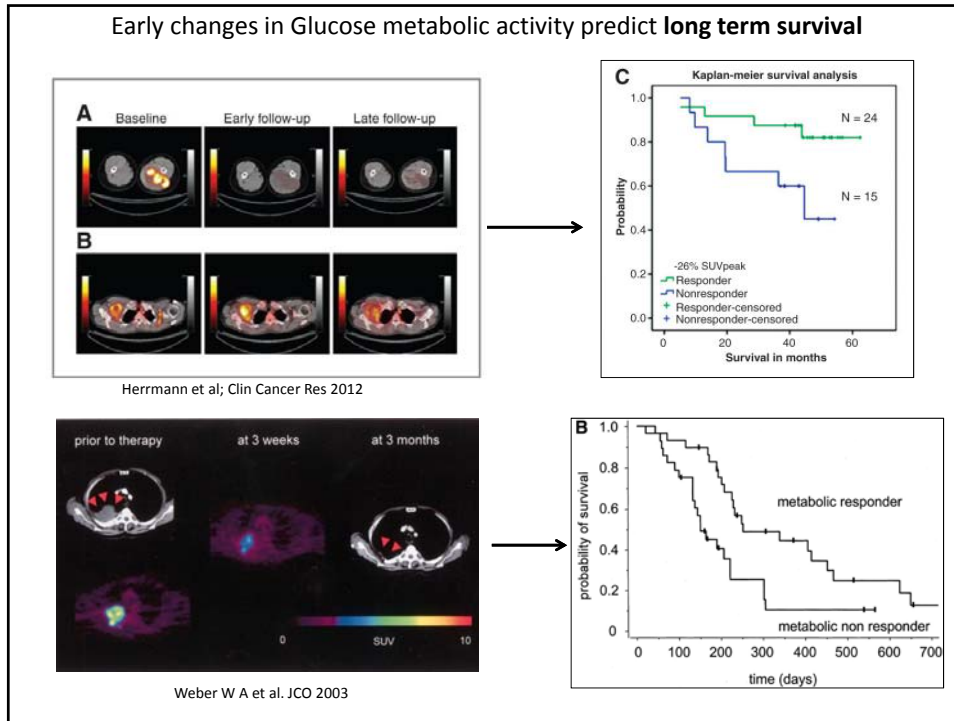
Reductions in tumor glucose use are an indicator of response to targeted therapy



Translation: Changes in tumor FDG uptake after Gefitinib treatment







### Impact on Management (NOPR)

**The National Oncologic PET Registry (NOPR): Design and Analysis Plan**

Bruce E. Hillner<sup>1</sup>, Dawei Liu<sup>2</sup>, R. Edward Coleman<sup>3</sup>, Anthony F. Shields<sup>4</sup>, Bana F. Garzon<sup>5</sup>, Lucy Hanna<sup>6</sup>, Sharon Hartson Stone<sup>7</sup>, and Barry A. Siegel<sup>8</sup>

**The National Oncologic PET Registry: Expanded Medicare Coverage for PET Under Coverage with Evidence Development**

Impact of Positron Emission Tomography/Computed Tomography and Positron Emission Tomography (PET) Alone on Expected Management of Patients With Cancer: Initial Results From the National Oncologic PET Registry

Bruce E. Hillner, Barry A. Siegel, Dawei Liu, Anthony F. Shields, Bana F. Garzon, Lucy Hanna, Sharon Hartson Stone, and R. Edward Coleman

Relationship Between Cancer Type and Impact of PET and PET/CT on Intended Management: Findings of the National Oncologic PET Registry

Bruce E. Hillner<sup>1,2</sup>, Barry A. Siegel<sup>3,4</sup>, Anthony F. Shields<sup>5</sup>, Dawei Liu<sup>6</sup>, Bana F. Garzon<sup>7</sup>, Ed Hunt<sup>8</sup>, and R. Edward Coleman<sup>9</sup>

The Impact of Positron Emission Tomography (PET) on Expected Management During Cancer Treatment

Findings of the National Oncologic PET Registry

Bruce E. Hillner, MD<sup>1</sup>, Barry A. Siegel, MD<sup>2,3</sup>, Anthony F. Shields, MD, PhD<sup>4</sup>, Dawei Liu, PhD<sup>5</sup>, Bana F. Garzon, PhD<sup>6</sup>, Lucy Hanna, MD<sup>7</sup>, Sharon Hartson Stone, BA<sup>8</sup>, and R. Edward Coleman, MD<sup>9</sup>

JNM 2007

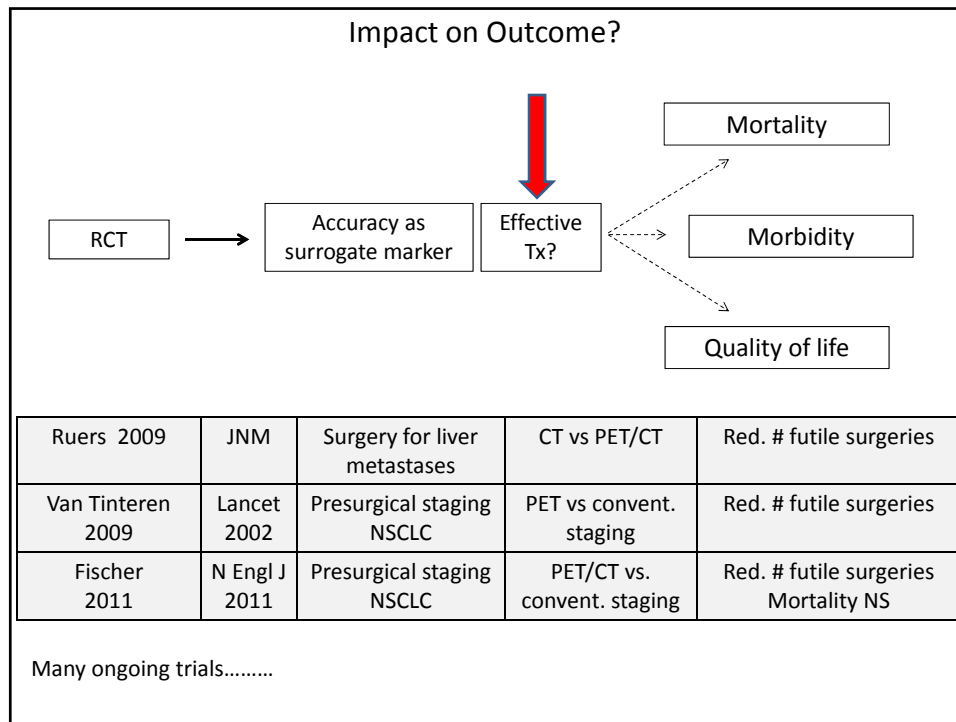
ACR 2007

JCO 2008

Cancer 2009

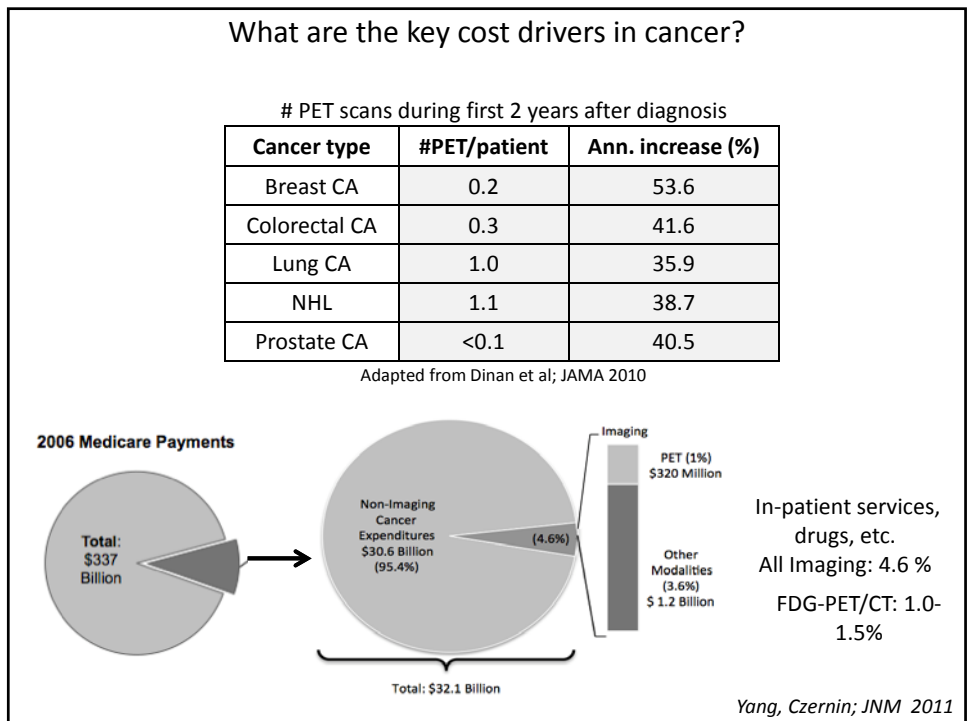
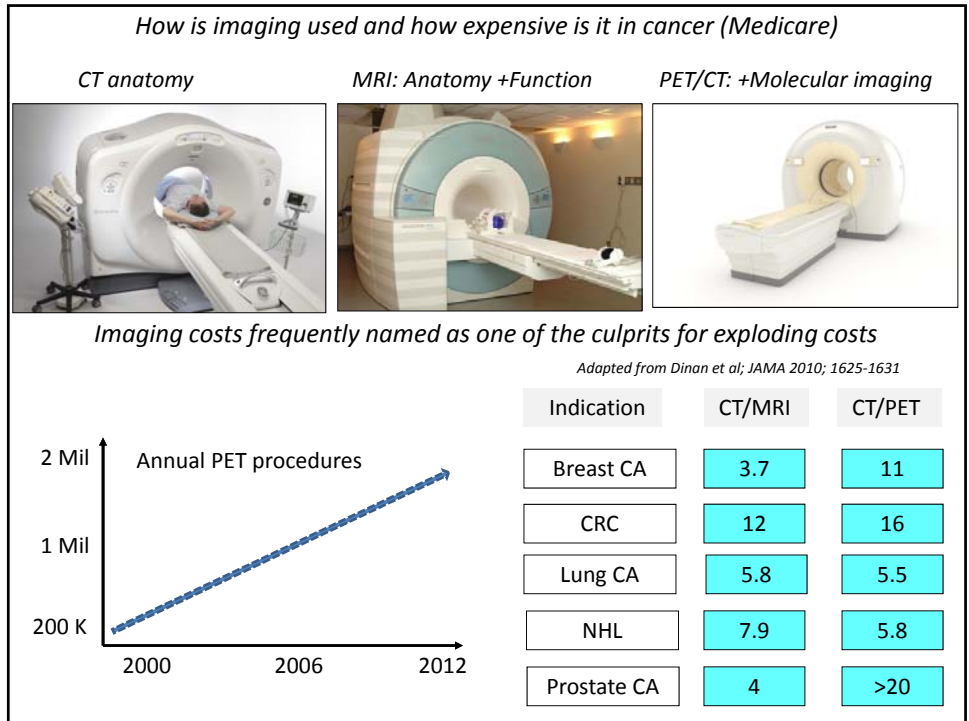
300 000 patients enrolled

35-50% impact on management for staging/restaging/monitoring



**Because of NOPR: PET Coverage in the USA**

	<b>Initial Treatment Strategy</b>	<b>Subsequent Treatment strategy</b>
Colorectal	Cover	Cover
Esophagus	Cover	Cover
Head & Neck	Cover	Cover
Lymphoma	Cover	Cover
NSCL	Cover	Cover
Ovary	Cover	Cover
Brain	Cover	Cover
Cervix	Cover	Cover
Small Cell Lung	Cover	Cover
STS	Cover	Cover
Pancreas	Cover	Cover
Testes	Cover	Cover
Breast	Cover w/exception*	Cover
Melanoma	Cover w/exception*	Cover
Prostate	<i>Non-Cover</i>	<i>Non-Cover</i>
Thyroid	Cover	Cover
All Other Solid	Cover	Cover
Myeloma	Cover	Cover
All oth. not listed	Cover	Cover



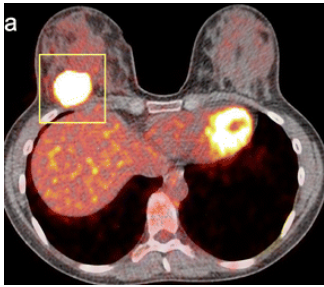
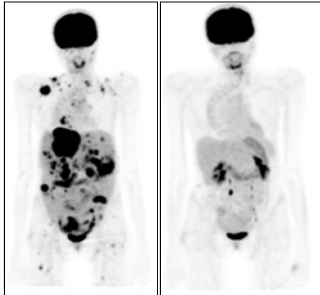
Distribution of Cancers	%
Lung cancer	29.9
Lymphoma	24.5
Breast cancer	12.4
Colorectal cancer	11.7
Head and neck cancer	8.1
Melanoma	2.7
GIST	1.0
Myeloma	1.0
Cancer of unknown primary	1.0
Esophageal cancer	1.0
Prostate cancer	0.7
Other tumors	6.0

*Beyer et al; J Nucl Med 2011*

Indication	N	%
Diagnosis	5,516	19
Staging	6464	23
Restaging	5607	20
Suspected recurrence	5388	19
Monitoring	5,503	19
Total	22,975	

*NOPR data: Hillner et al; JCO 2008*

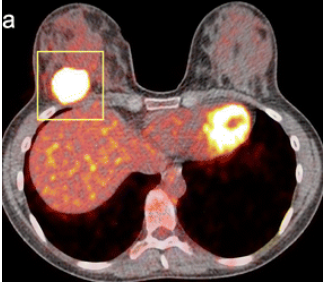
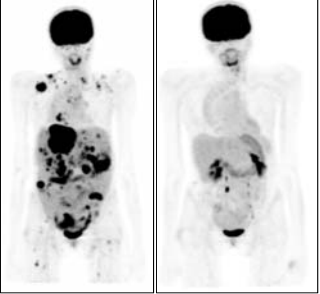
Koolen et al; EJNMMI 2012

Baseline      Day 21

How do we use FDG PET/CT across most cancers?

Koolen et al; EJNMMI 2012

Baseline      Day 21

UCLA 2013

Initial treatment strategy

*Diagnostic/Phenotypic/  
Prognostic Biomarker*  
*Diagnosis, Staging*

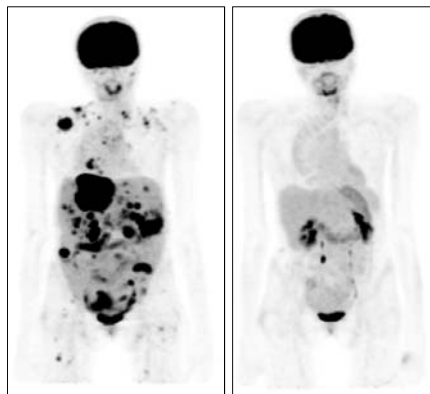
Subsequent treatment strategy

*Intermediate endpoint  
Biomarker*  
*Treatment Monitoring*



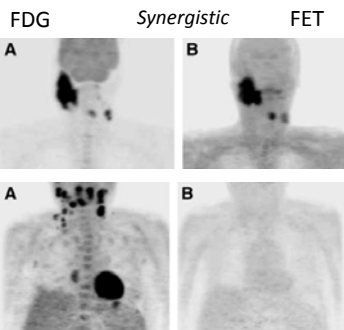
**Conclusion**

- FDG PET imaging has a strong and translatable underpinning in tumor biology
- Evidence based approaches never applied to MRI or CT (does this mean that these techniques are not useful?)
- Randomized trials difficult to conduct (no financial support, no stakeholders)
- Nevertheless, impact on management and outcome demonstrated



*The fundamental role of increased glucose metabolism is well established  
Do we really need to show the usefulness of PET for each cancer/each indication?*

Can we image substrate utilization in cancer and what could we learn?

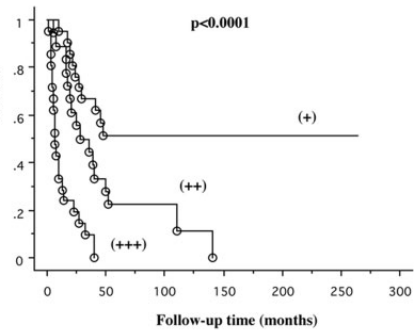


*Glycolysis dominant  
Pauleit et al; JNM 2005*



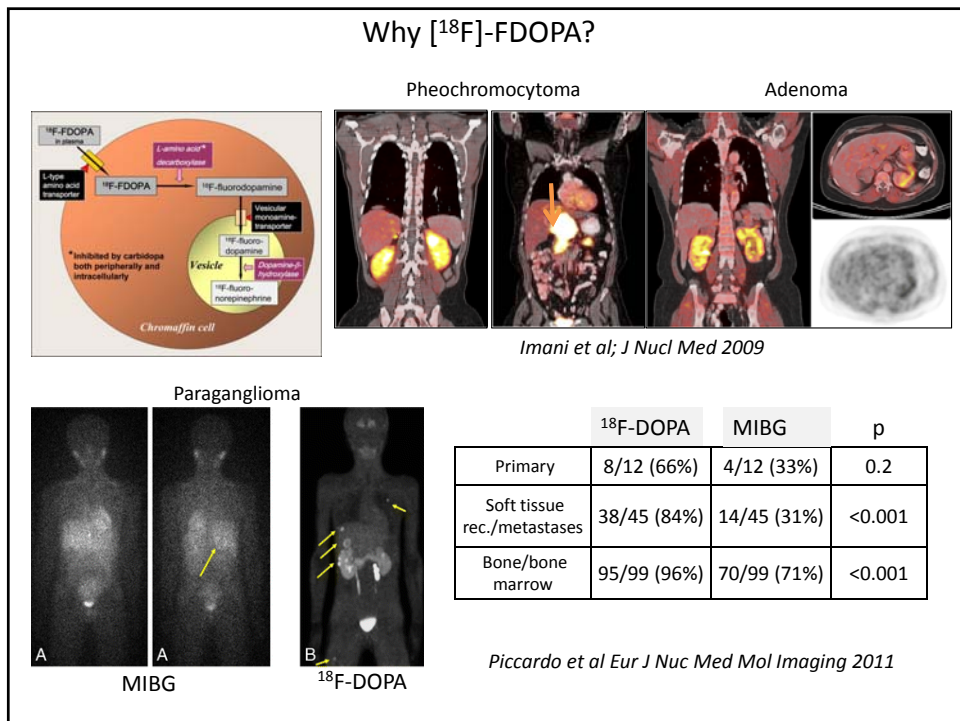
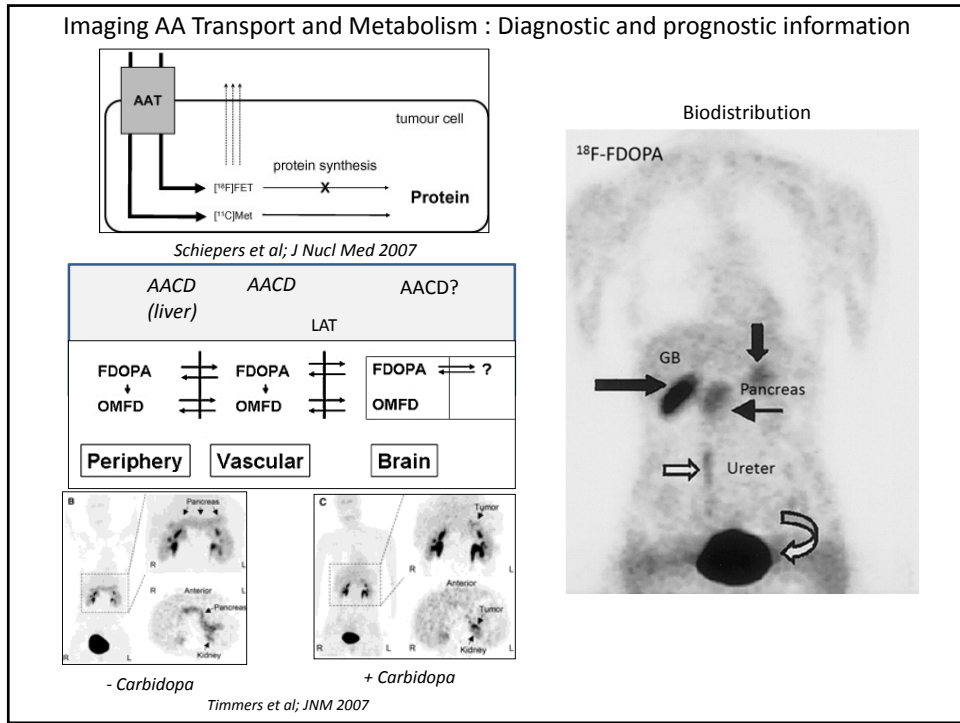
*Amino acid dominant  
Hsieh et al; Ann Nucl Med 2008*

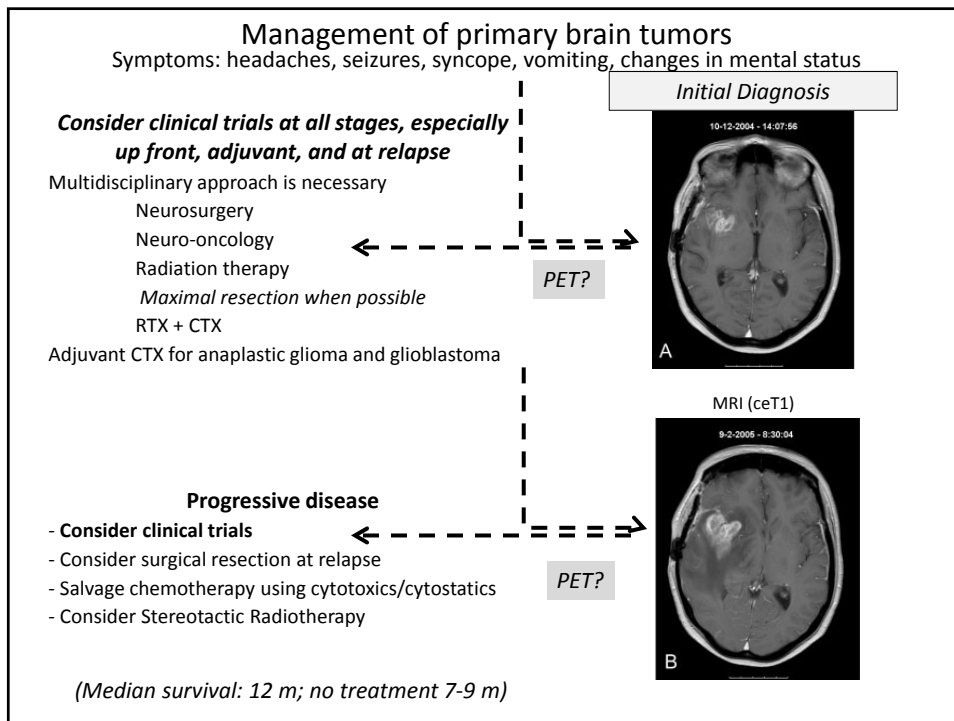
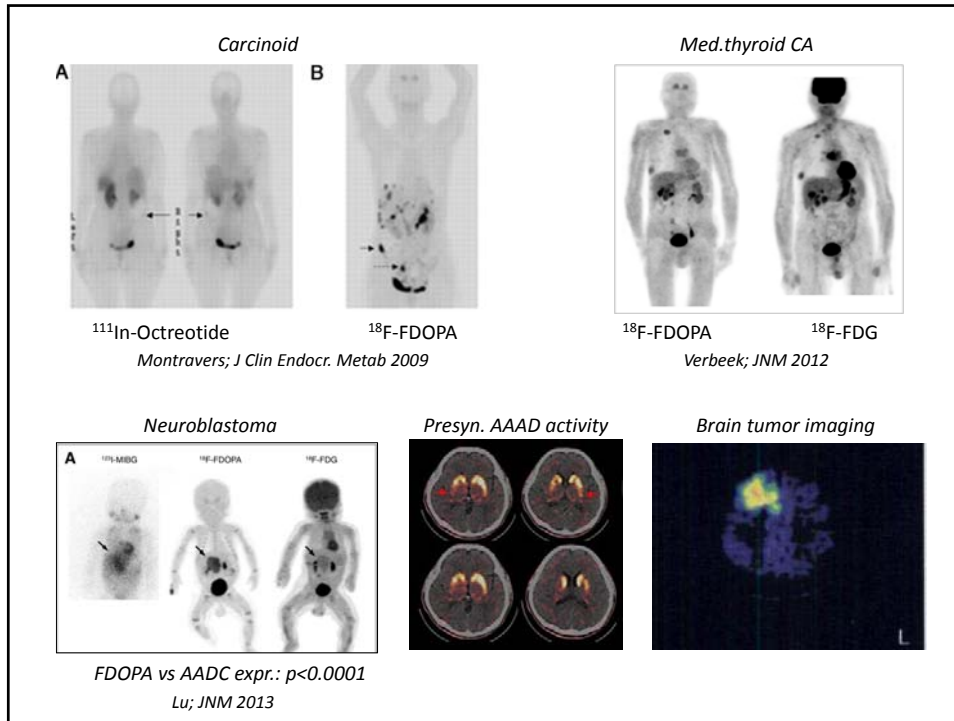
LAT1 expression and survival in lung CA

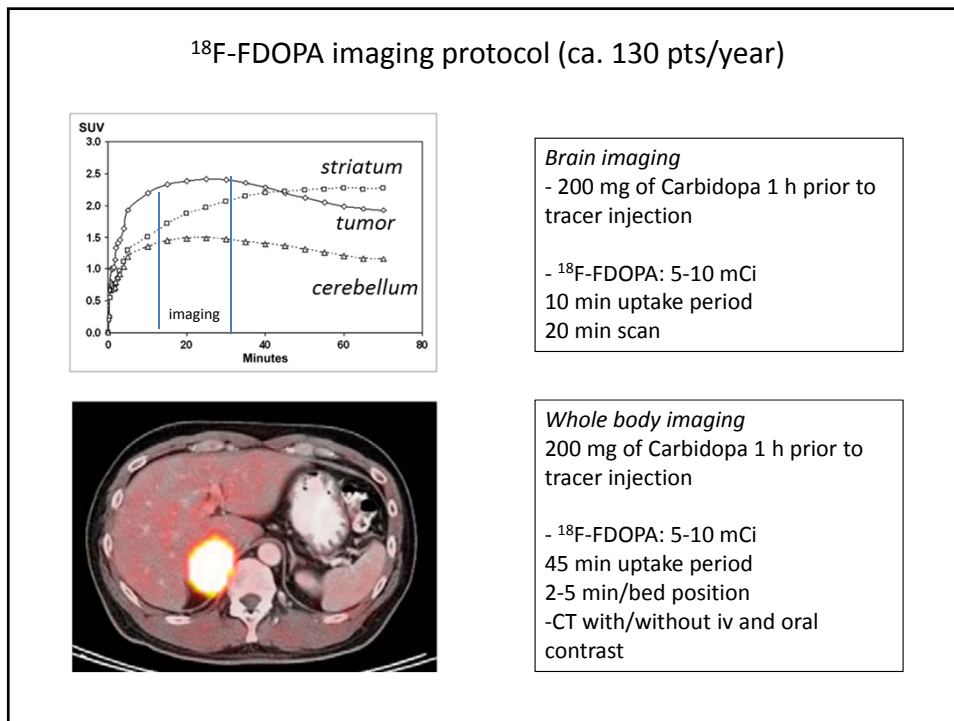
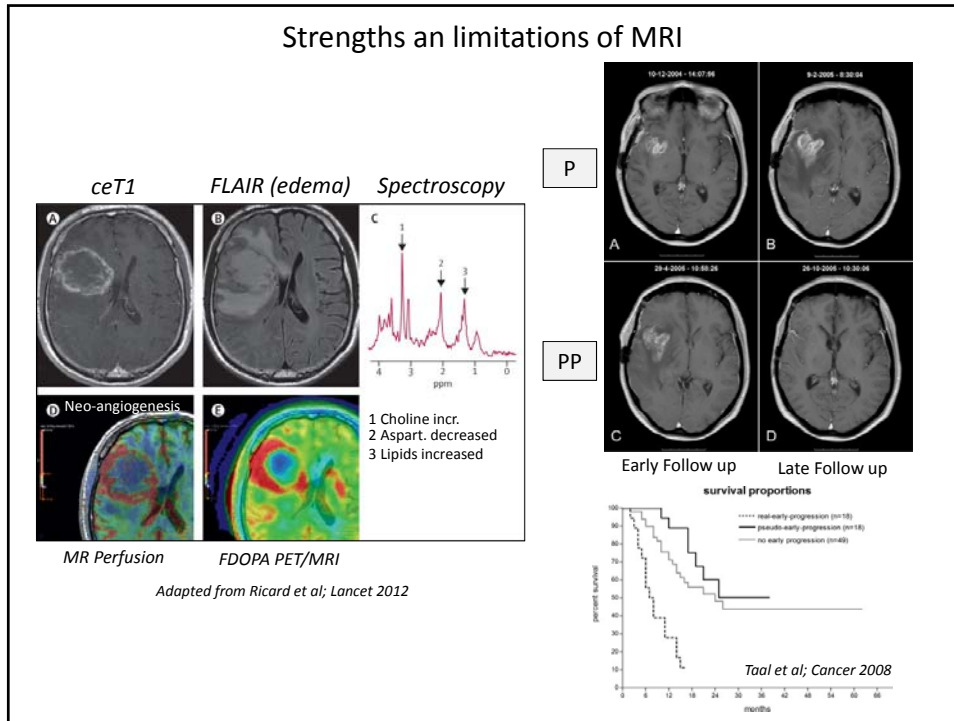


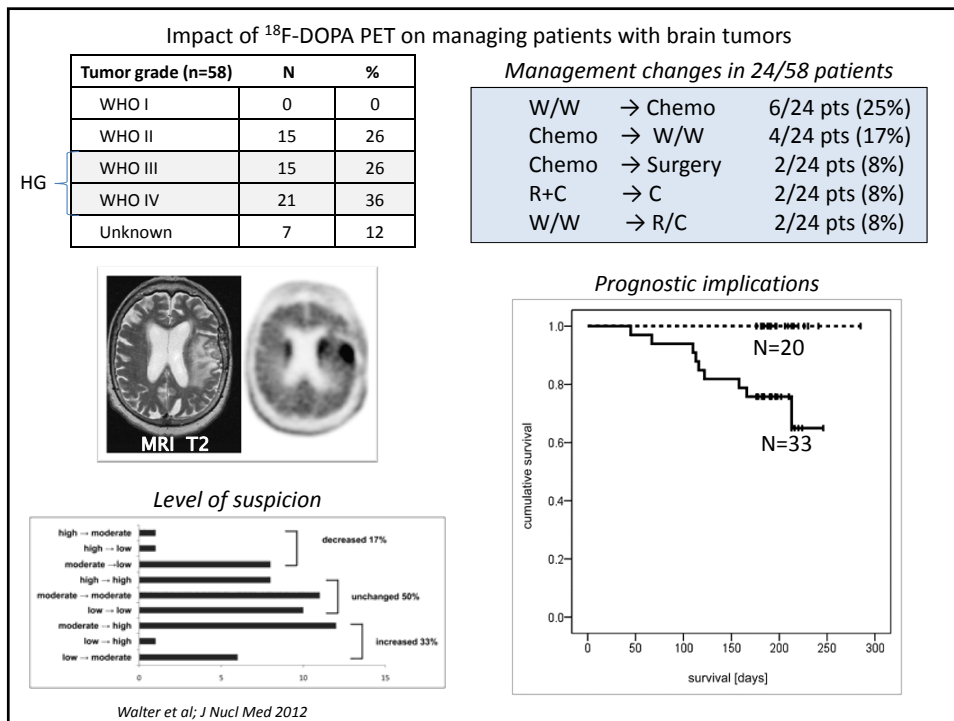
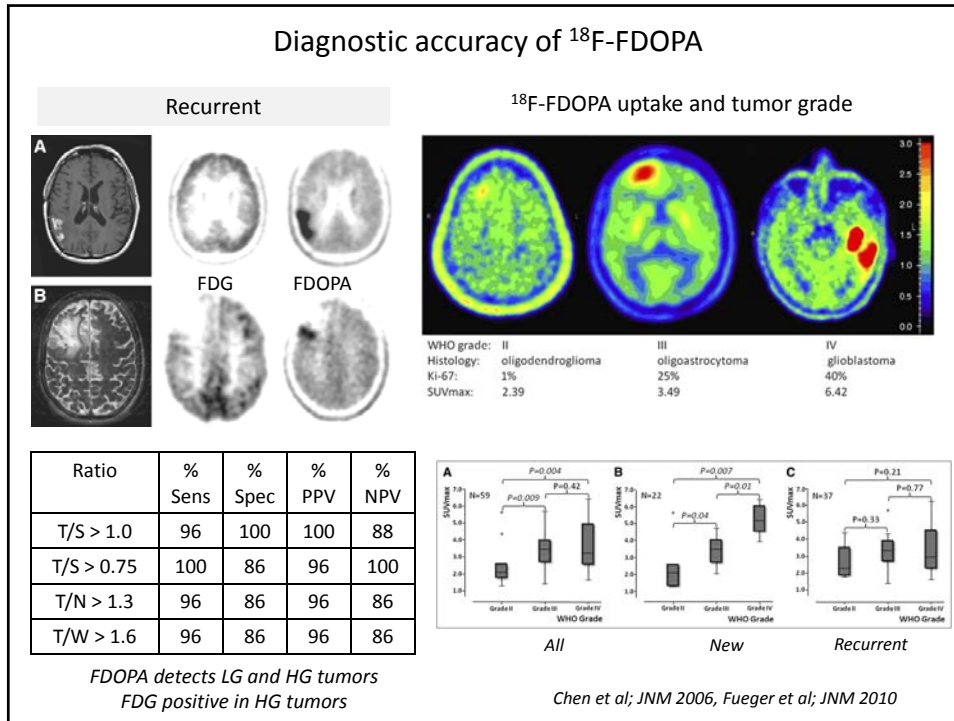
+, ++, +++: degree of staining for LAT1; n=60

*Nawashiro et al; Int J Cancer 2006*







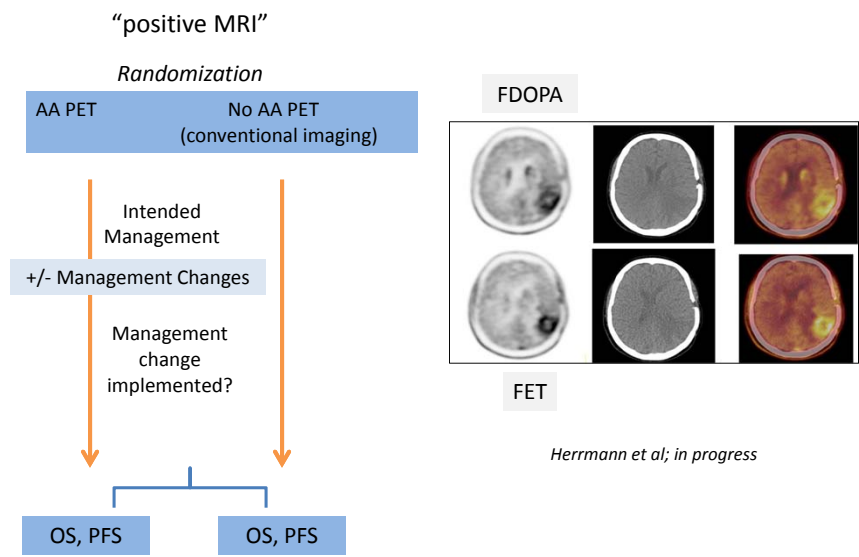


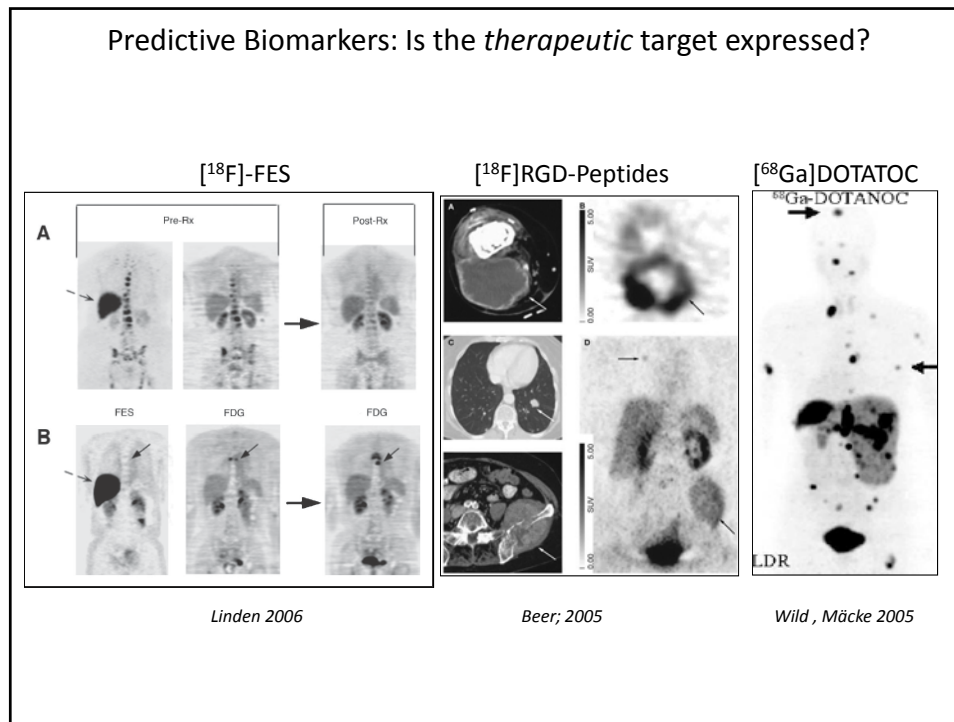
[<sup>18</sup>F]-AA transport imaging (<sup>11</sup>C-MET, <sup>18</sup>F-FET, <sup>18</sup>F-FDOPA) for brain tumor imaging

Feasibility	yes
Accuracy	yes
Diagnostic value	yes; pseudo-progression vs progression
Prognostic value	yes
Therapeutic value	Impact on Management: Yes Does it result in better treatment?
Patient and societal value	Does it result in improved survival and/or quality of life, at acceptable cost/reduces costs at same outcome?

Prospective randomized trial under way for <sup>18</sup>F-FDOPA

Study Design to determine impact on outcome in pts with cancer  
(UCLA, Kaiser Permanente, UC Irvine, University of Wuerzburg)



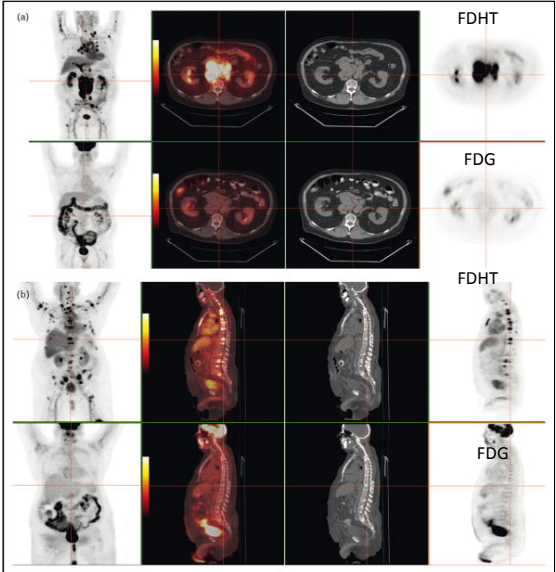


There are many PET probes for bone imaging

Probe	T/2 (min)	Target	Process	Applications
<sup>18</sup> F-NaF	110	<i>Hydroxyapatite</i>	<i>Bone formation</i>	<i>Osteoblastic</i>
<sup>18</sup> F-FDG	110	<i>Glut1,3; hexokinase</i>	<i>Glycolysis</i>	<i>Osteolytic</i>
<sup>11</sup> C-Choline	20	Choline kinase	lipid synthesis	Prostate
<sup>18</sup> F-Choline	110	Choline kinase	lipid synthesis	Prostate
<sup>11</sup> C-Acetate	20	FAS	Lipid synthesis	Prostate
<sup>11</sup> C-Meth	20	L-AAT	AA metabolism	Myeloma
<sup>18</sup> F-DOPA	110	L-AAT	AA metabolism	NET
<sup>68</sup> Ga-SSR	68	SSR 2,5	SSR expression	NET
<sup>18</sup> F-Estradiol	110	ER	Receptors	Breast
<sup>18</sup> F-FDHT	110	AR	Receptors	Prostate
<sup>124</sup> Iodine	4.2 days	Na-I-symporner	Iodine metab.	Thyroid
<sup>68</sup> Ga-PSMA	68	PSMA	Receptor exp	AI
<sup>89</sup> Zr-mAB	78h	PSMA	Receptor exp	AI
<sup>89</sup> Zr-mAB	78h	PSA	Receptor exp	AD
<sup>18</sup> F-FACBC	110	LAT?	AA Transport	Recurrence



### Androgen and Estrogen Receptor Imaging: Predictive biomarkers in bone metastatic imaging?



(a) FDHT vs FDG comparison showing discordant results.

(b) FDHT vs FDG comparison showing similar results.

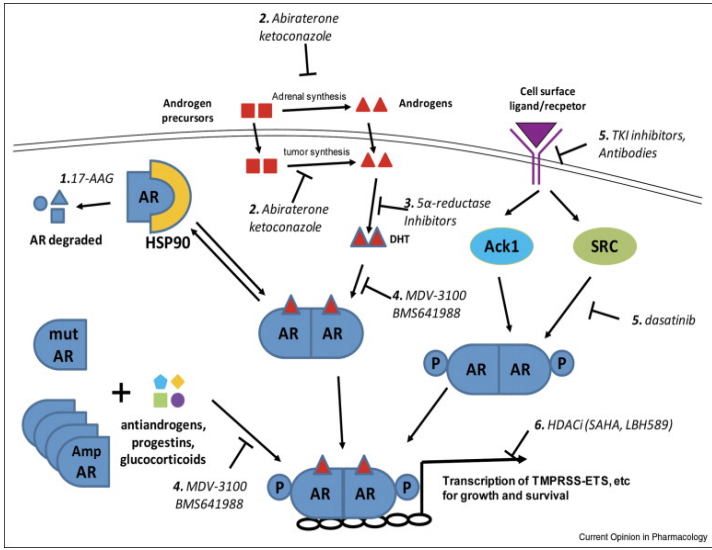
**Discordant FDHT and FDG**

Does hormone receptor expression predict response to hormone treatment?  
Thus far no published evidence..

Adapted from *Molecular imaging of prostate cancer*.  
Fox, Josef; Schoder, Heiko; Larson, Steven  
*Current Opinion in Urology*. 22(4):320-327, July 2012.  
DOI: 10.1097/MOU.0b013e32835483d5

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### Numerous therapeutic approaches: Schematic representation of therapeutic targets of the AR pathway



The diagram illustrates the AR pathway and its therapeutic targets:

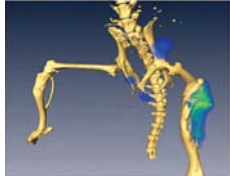
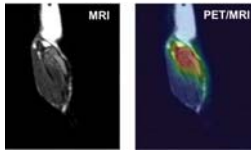
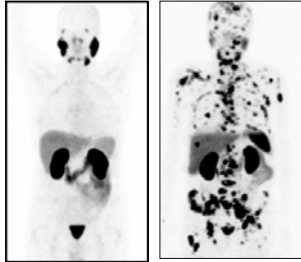
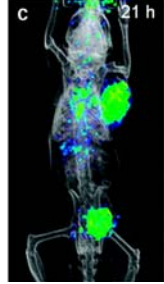
- Androgen precursors** → **Adrenal synthesis** → **Androgens** → **tumor synthesis**
- 1. 17-AAG**: AR degraded
- 2. Abiraterone, ketoconazole**: Inhibit adrenal synthesis and tumor synthesis
- 3. 5 $\alpha$ -reductase Inhibitors (DHT)**: Inhibit conversion of androgens to DHT
- 4. MDV-3100, BMS641988**: Inhibit AR nuclear translocation
- 5. TKI inhibitors, Antibodies**: Target cell surface ligand/receptor
- 5. dasatinib**: Inhibits Src family kinases (Ack1, SRC)
- 6. HDACi (SAHA, LBH589)**: Inhibit transcription of TMPRSS-ETS, etc for growth and survival
- mut AR**: Mutated androgen receptor
- Amp AR**: Amplified androgen receptor
- antiandrogens, progestins, glucocorticoids**: Inhibit AR signaling
- HSP90**: Interacts with AR

Current Opinion in Pharmacology

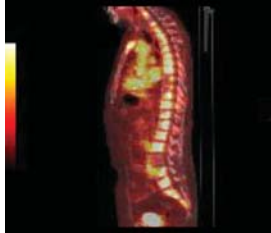
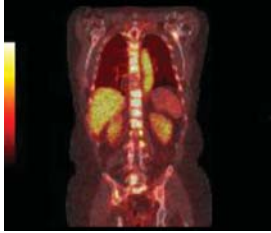
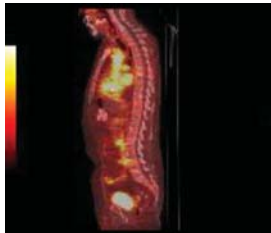
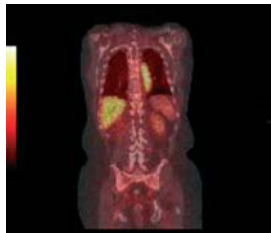
Schematic representation of therapeutic targets of the AR pathway.

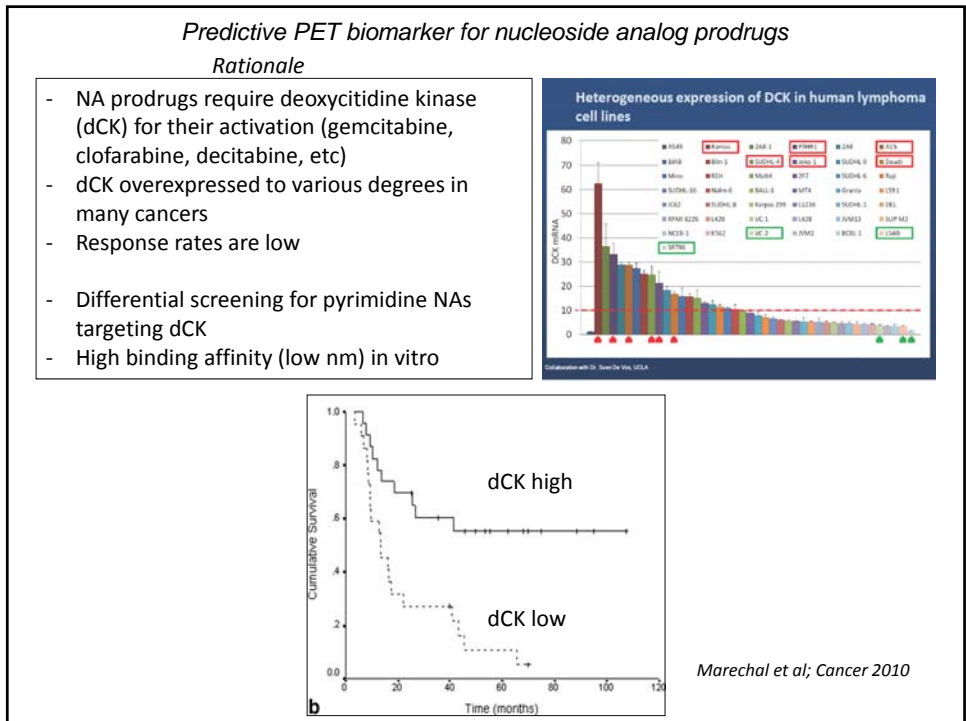
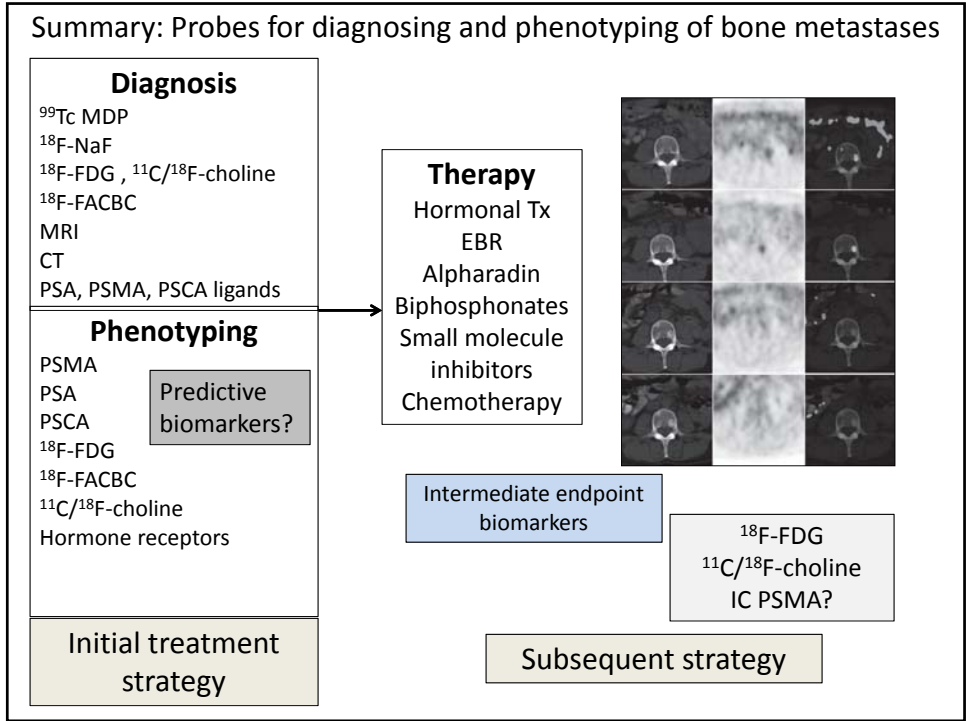
Current Opinion in Pharmacology Volume 8, Issue 4 2008 440 - 448  
Yu Chen, Charles L. Sawyers, Howard I. Scher

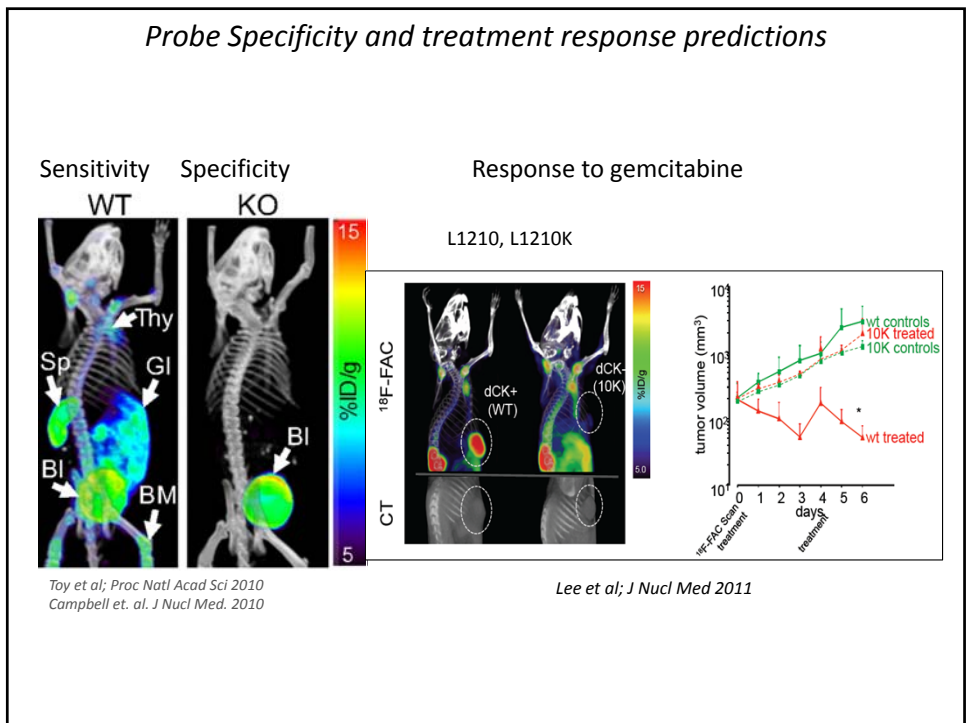
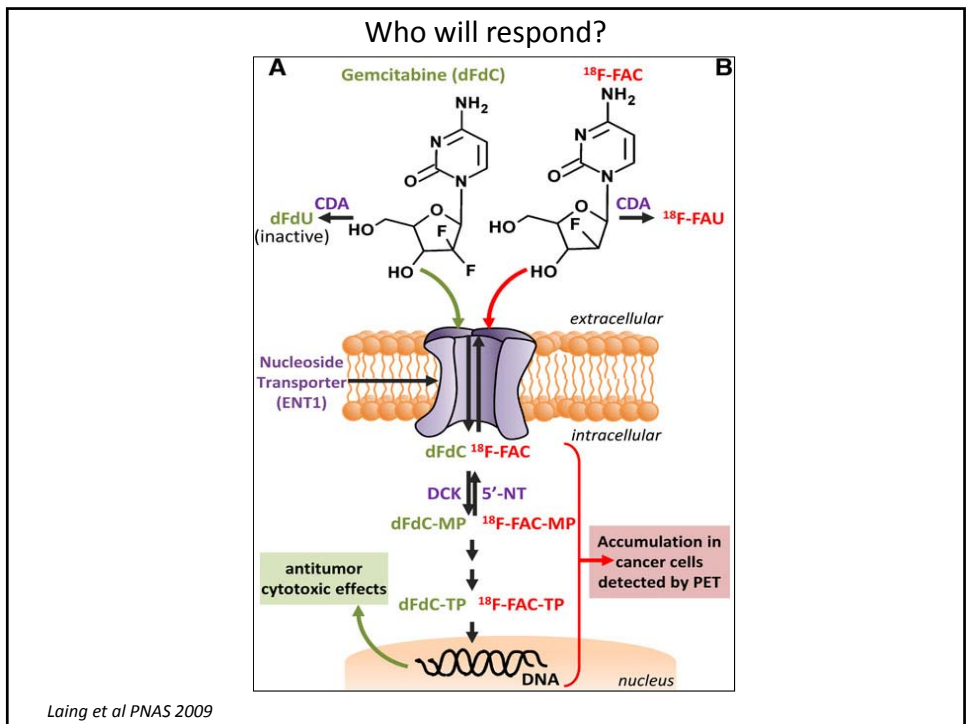
### Imaging targets in prostate cancer

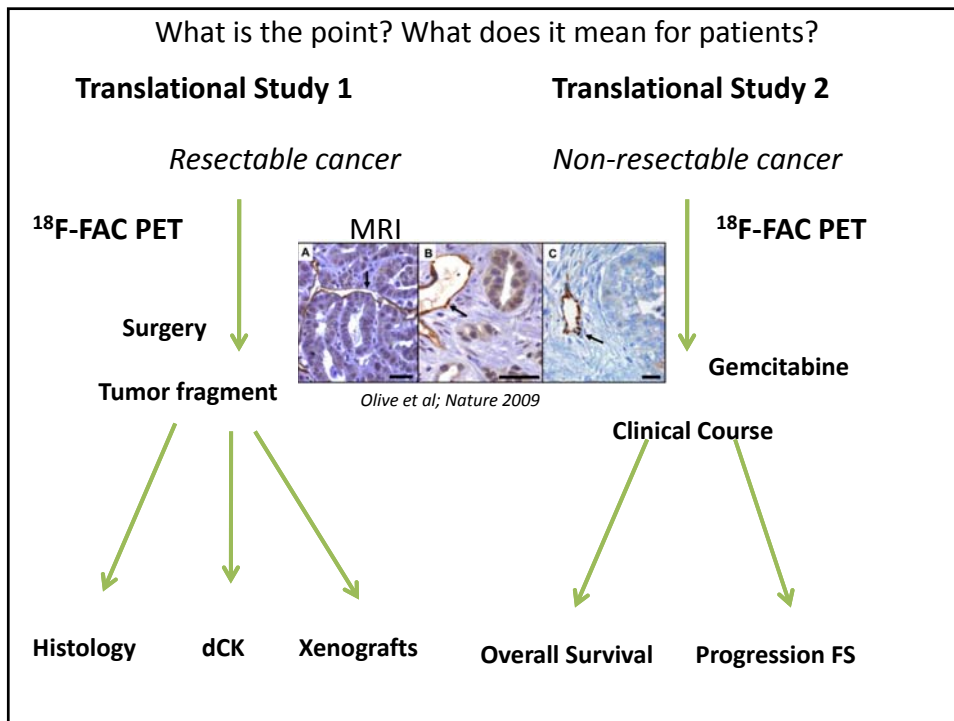
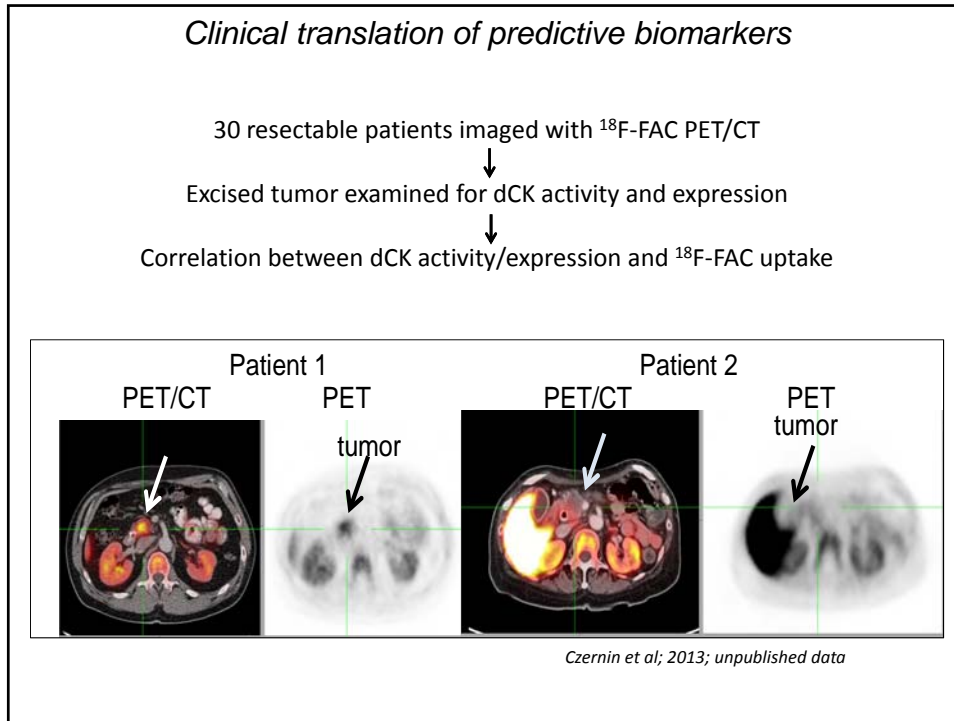
<p><b>PSA (human kallikrein 3)</b>                  Serine protease                  Released into perivascular space; AR signaling dependent gene  <i>Specific for prostate CA</i></p>  	<p><b>PSMA (glycoprotein)</b>                  Cell migration                  Nutrient uptake                  Receptor function  <i>Not specific for PrCA</i></p> <p>AB → EC: <sup>68</sup>Ga urea based peptidomimetic (HBED-CC)                  37 pts. Afshar-Oromeih; Eur J Nucl Med 2013; Eder et al 2012</p> 	<p><b>PSCA (cell surface glycoprotein)</b>                  overexpressed in localized prostate cancers; correlates with Gleason score, pathologic stage, AI.</p> 
<p><sup>89</sup>Zr-5A10                  AB Recognizes PSA prior to EC protein binding (Ulmert et al; 2012)</p>	<p>Intracellular <sup>89</sup>Zr-7E11 (mAb)                  Treatment responses? Ruggiero A; JNM 2011</p>	<p>Leyton J; Clin Cancer Res 2008</p>
<p><b>How should we use these?</b></p>		

### PD of MDV3100 (pure AR antagonist) measured with FDHT

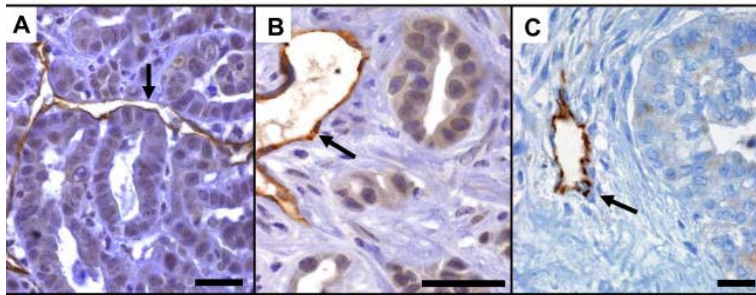
<p>Baseline</p>	 
<p>4 weeks of MDV3100</p>	 
<p>Scher et al; Lancet 2010</p>	







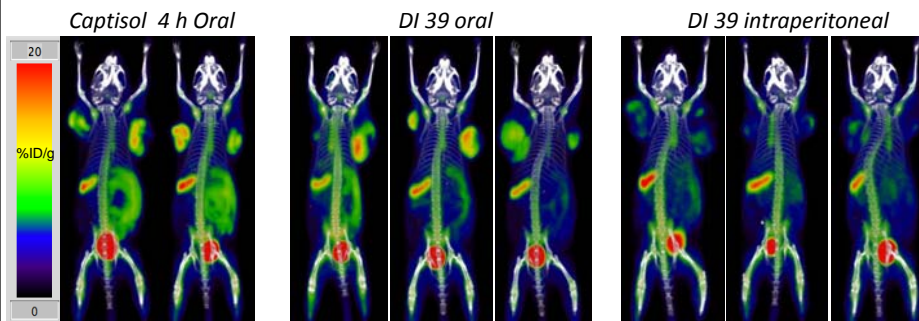
Problems in study design



- Sampling problems
  - Small tissue fragments
- Probe delivery
  - Low tumor perfusion but high dCK activity
  - High tumor perfusion but low dCK activity
- Tumor stroma

<sup>18</sup>F-FAC as Pharmacodynamic Marker of dCK inhibitors

Dose: 50mg/kg

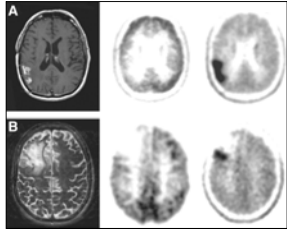
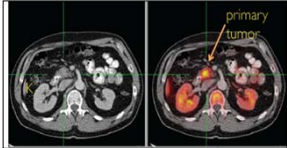
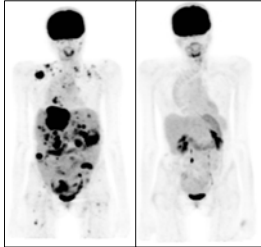


At 50mg/kg the intraperitoneal administration is superior to oral administration

Radu group at UCLA



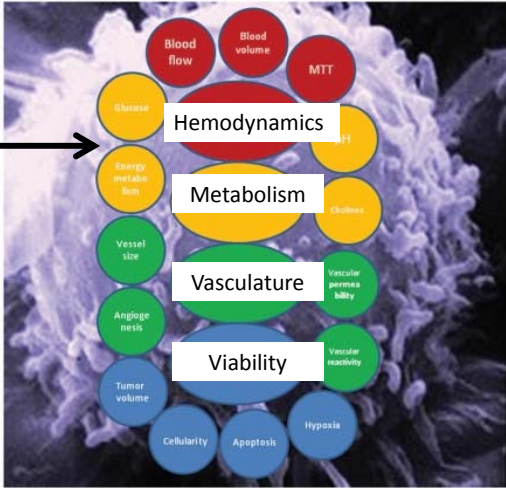
### Summary: A rich portfolio of PET biomarkers

Koolen et al; EJNMMI 2012		<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><i>Diagnostic/Phenotypic/ Prognostic Biomarkers</i></p> <p style="text-align: center;"><i>Is the disease present?</i></p> <p style="text-align: center;"><math>^{18}\text{F}</math>-FDG; AA, <math>^{18}\text{F}</math>-FLT; etc, choline, ect</p> </div>
UCLA 2013		<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><i>Predictive Biomarkers</i></p> <p style="text-align: center;"><i>Is the therapeutic target expressed? Will the drug work?</i></p> <p style="text-align: center;"><math>^{68}\text{Ga}</math>-DOTATATE; <math>^{18}\text{F}</math>-FES; <math>^{18}\text{F}</math>-FAC</p> </div>
UCLA 2013		<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><i>Intermediate endpoint Biomarkers</i></p> <p style="text-align: center;"><i>Does the drug work?</i></p> <p style="text-align: center;"><math>^{18}\text{F}</math>-FDG; <math>^{18}\text{F}</math>-AA; <math>^{18}\text{F}</math>-FLT</p> </div>

### A few words about MRI: Capabilities have dramatically expanded

*These arguments have been made for PET/MRI*

- No Radiation
- Molecular capabilities (Research) →
- True simultaneous acquisition
- Better for selected indications
  - Brain
  - Prostate
  - Head/Neck
  - Pancreas
  - Liver



*But is there a good reason for marrying PET with MRI?*

Kauppinen/Peet; Cancer Biol Ther. 2011



### Argument #1 for PET/MRI

**CT carries a significant radiation risk**

*Brenner DJ and Hall EJ; N Engl J Med 2007*  
Radiation doses of as high as 25 mSv might increase cancer risk

*Brenner DJ et al; Radiology 2011:*  
Greatly reduced relevance for patients with limited life expectancy

*D. J. Shah et al; British Journal of Radiology 2012* “Risks of medical imaging at effective doses below 50 mSv for single procedures or 100 mSv for multiple procedures over short time periods are too low to be detectable and may be nonexistent”  
“Predictions of hypothetical cancer incidence and deaths in patient populations exposed to such low doses are highly speculative and should be discouraged”

Women of child bearing age  
Pediatric population

**Do magnetic fields have a mutagenic effect (Ames test)?**  
From Schreiber et al; J. Magn. Reson. Imaging 2001;14:779–788.

- Increase in hypoxanthine-guanine phosphoribosyl transferase gene mutations
- Increase in DNA strand breaks in rat brain cells
- Increase in revertants in co-exposed *Salmonella typhimurium* TA 100
- Increase in micronuclei in human lymphocytes (only in presence of the parallel static magnetic field)
- Increase in the number of sister chromatid exchanges at 400 mT, but neither at 5 mT nor at 50 mT
- Increase in hypoxanthine-guanine phosphoribosyl transferase gene mutations in co-exposed Chinese hamster ovary cells
- Increase in hypoxanthine-guanine phosphoribosyl transferase gene mutations in p53 deficient human osteosarkoma cells

DNA repair mechanisms are powerful

### Argument #2 for clinical PET/MRI: MRI is “better” than CT for some indications

***In pancreatic cancer*** (Shrikhande et al; HPB 2012)  
Choice between CT or MRI/MRCP is often determined by the availability of the modality and by the technical expertise; CT and MRI equally accurate

CT and MRI are underreporting vascular invasion in pancreatic cancer. MRA does not add information on vascular staging when compared with CT and MRI. (Zhang et al; *Pancreatology* 2012)  
MRI and CT similarly accurate for characterizing cystic lesions (Lee et al; *Clin. Radiology* 2011; Visser et al; *AJR* 2007)

*Liver metastases*  
*Nikkel et al; meta-analysis; Radiology 2010*

Modality*	Mean Sensitivity (%)†	Mean Specificity (%)†
CT (n = 9)	83.6 (66.9, 92.8)	94.9 (92.9, 96.3)
MR imaging (n = 6)	88.2 (64.8, 96.8)	92.5 (89.5, 94.6)
FDG PET (n = 6)	94.1 (91.6, 95.9)	95.7 (92.7, 97.6)
FDG PET/CT (n = 3)	96.5 (94.2, 97.9)	97.2 (92.8, 99.0)

CT, MRI, PET and US with comparable performance in metastatic H/N cancer  
Meta analysis : Liao et al; *BMC Cancer* 2012  
Meta analysis: de Brondt et al; *Eur J Radiol* 2007

Same for recurrent nasopharyngeal CA  
Meta-analysis: Liu et al; *Radioth.and Oncology* 2007

***And even in prostate cancer LN staging.....***  
CT Sens: 42%; MRI Sens: 39%  
Meta-analysis: Hoevels et al; *Clinical Radiology* 2008

***Using LN specific contrast MRI superior to CT;*** Mulicenter trial; Heesakkers et al; *Lancet Oncology* 2008

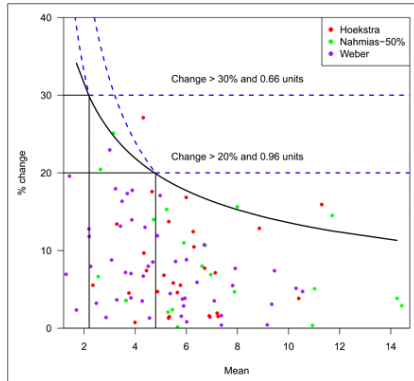
### Argument #3 for PET/MRI

Simultaneous measurements of molecular processes are important

<sup>18</sup>F FDG tumor uptake is reproducible

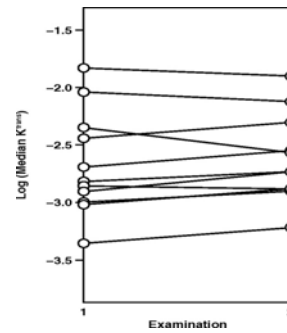
*De Langen et al; JNM 2012*

Study interval 1-4 days



Reproducibility of MRI Perfusion measurements (baseline vs 2-7 days later)

*Ng et al; AJR 2010*

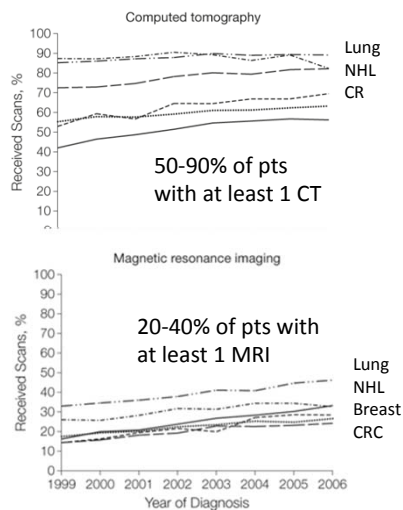


The rate of reproducibility of DCE-MRI parameters is in the range of 10%–20%

Highly unlikely that gene expression, transcription and translation changes within minutes. Why then would we need integrated systems?

### The business of PET/MRI; Trends in cancer imaging in the US (CMS data)

#### CT and MRI utilization 2006-2008



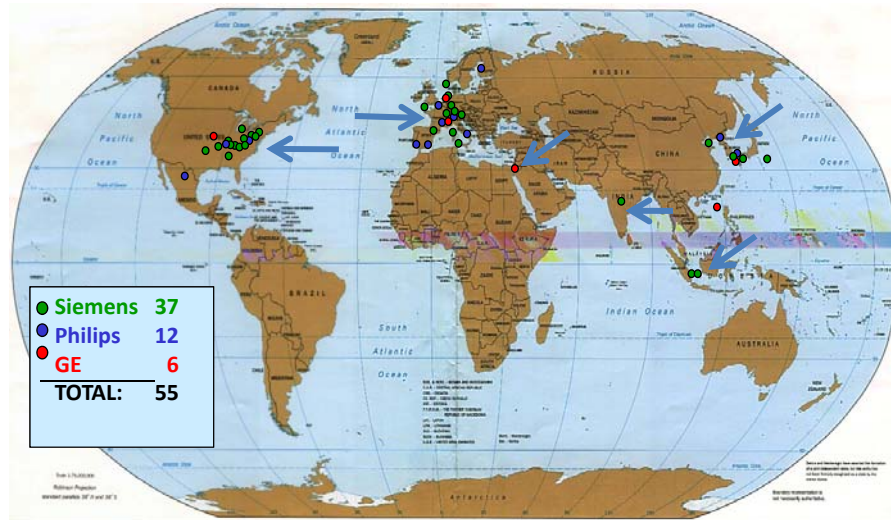
#### CT and MRI/pt within 2 y of diagnosis

Indication	CT/MRI
Breast CA	3.7
CRC	12
Lung CA	5.5
NHL	7.9
Prostate CA	4

*Adapted from Dinan et al; JAMA 2010; 1625-1631*

Thus, CT is the dominating modality in cancer: Cost, operation, value

PET/MR: Worldwide distribution up to Q1 2013



Almost all systems in academia or public health care

Courtesy of David Townsend

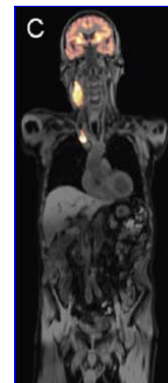
Interesting sales numbers

Adapted from David Townsend

PET/CT 2002 – 2004: 360 Units shipped in US  
A technical evolution and a clinical revolution

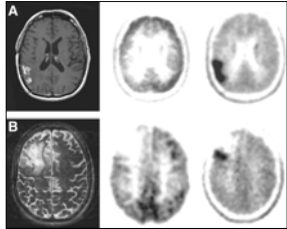
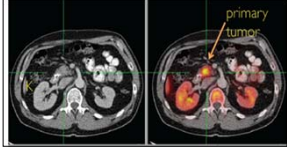
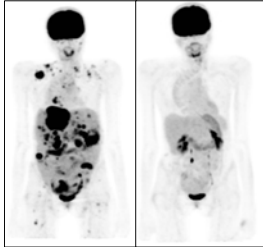
PET/MRI 2010 – 2012: 14 Units shipped in US  
A technical revolution: *But is there a real need?*

	PET/CT (Mil \$)	PET/MRI (Mil \$)
Equipment	0.9 - 3	5+
Build out	1	2.5 (at UCLA)
Service contract/y	0.25	0.5
Throughput	12-15 pts/d	6-8 pts/day
Reimbursement	\$1250	\$1250?



*Great research tool:* tumor perfusion; phenotyping of tumors using “molecular” MRI (predictive markers); improved diagnostic accuracy of PET/MRI over PET/CT?  
But do I really need an integrated system to do this?

**Summary: A rich portfolio of PET biomarkers**

Koolen et al; EJNMMI 2012		<p><i>Diagnostic/Phenotypic/ Prognostic Biomarkers</i>  <sup>18</sup>F-FDG; AA, <sup>18</sup>F-FLT; etc, choline, ect</p>
UCLA 2013		<p><i>Predictive Biomarkers</i>          Is the therapeutic target expressed?          Will the drug work?  <sup>68</sup>Ga-DOTATATE; <sup>18</sup>F-FES; <sup>18</sup>F-FAC</p>
UCLA 2013		<p><i>Intermediate endpoint Biomarkers</i> Does the drug work?  <sup>18</sup>F-FDG; <sup>18</sup>F-AA; <sup>18</sup>F-FLT</p>

A randomized trial to determine the value of <sup>18</sup>F-NaF bone imaging in patients with prostate CA

If you design a good study you must be willing to accept the results....!!!!

### The 3 most frequently used bone imaging probes

**Tumor Metabolism**

*Kelloff G J et al.  
Clin Cancer Res  
2005;11:2785-2808*

---

**Bone Metabolism**

**Rapid renal clearance**

ECF  
(100%)  
OH

Hydroxyapatite  
↓  
Fluoroapatite

*Accumulation depends on  
area of exposed bone surface*

**Slow renal clearance**

(60%)  
Chemisorption

2/3 Hydroxyapatite  
1/3 Calcium phosphate

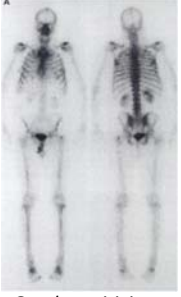
**<sup>18</sup>F-NaF standard method for bone scintigraphy in 1960s (Blau 1962)**

**Renewed interest due to PET and PET/CT and <sup>99</sup>MO/<sup>99</sup>Tc generator shortage**

**<sup>99</sup>Tc diphosphonates; Subramanian et al; Radiology 1971**

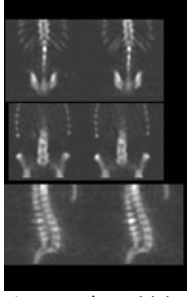
### Incremental improvements

<sup>99</sup>Tc MDP Planar



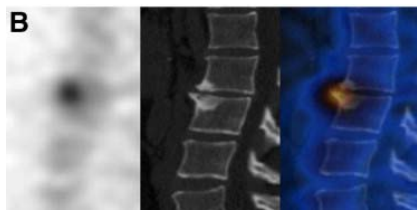
*Good sensitivity  
Limited specificity*

SPECT



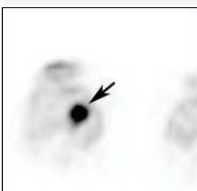
*Improved sensitivity  
Improved specificity*

SPECT/CT



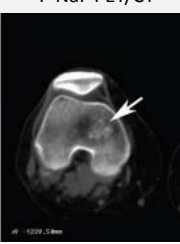
*Even better Sens/Spec*

<sup>18</sup>F-NaF PET

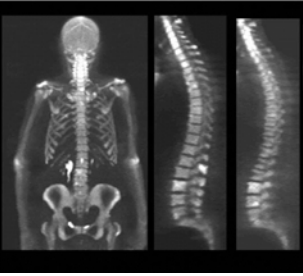


*Very high sensitivity  
Limited specificity*

<sup>18</sup>F-NaF PET/CT



<sup>18</sup>F-NaF PET/CT

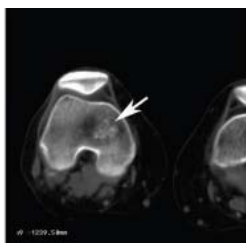
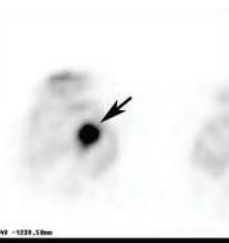


*Highest sensitivity  
Very good specificity (spine/ribs)*

*<sup>18</sup>F-NaF PET/CT is superior to <sup>18</sup>F-NaF PET and appears to be superior to <sup>99</sup>Tc MDP*

	<sup>18</sup> F-NaF PET		<sup>18</sup> F-NaF PET/CT		
	Sens (%)	Spec (%)	Sens (%)	Spec (%)	
All	72	72	85*	97*	*p<0.05
Spine	50	86	84*	100*	
Thoracic cage	76	40	94	87*	
Pelvic bones	83	67	86	89	
Skull	80	30	60	100	
Long bones	100	25	100	100	

44 pts with Breast, Prostate, Lung, Colon, Ovary, Myeloma, Lymphoma, ...

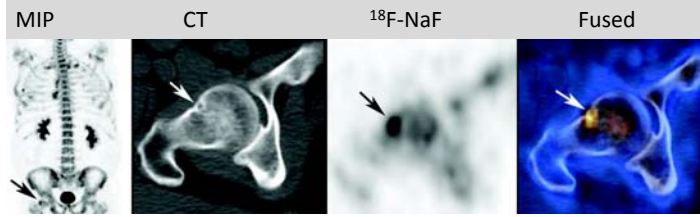



Patients	Sens (%)	Spec (%)
PET	88	56
PET/CT	100*	88*

*Even-Sapir et al; J Nucl Med 2004*

Enchondroma

*PET vs PET/CT: Reasons for false positives on <sup>18</sup>F-NaF scans*



*Sub-chondral bone cyst in prostate CA*

Location	Finding
Vertebral column	Degenerative disk disease, osteophytes, facet joint disease, Schmorl's node, fracture
Thoracic cage	Radionecrosis, fracture, arthritic changes at the acromioclavicular and sternoclavicular joints, postop. changes
Pelvic bones	Avulsion injury, insufficiency fracture, Paget's disease, arthritic changes, postoperative changes
Skull and facial bones	Sinusitis, mastoiditis, osteoma
Long bones	Enchondroma, subchondral cyst, trochanteric bursitis, tendonitis, stress fracture

*Einat Even-Sapir et al; J Nucl Med 2004*

*Where are we going? Strategy for <sup>18</sup>F-NaF Approval*

*CMS NCD February 26, 2010*

<sup>18</sup>F-NaF-PET should be covered only under an approved coverage with evidence development (CED) study  
 At that time no qualifying clinical study that would enable this coverage

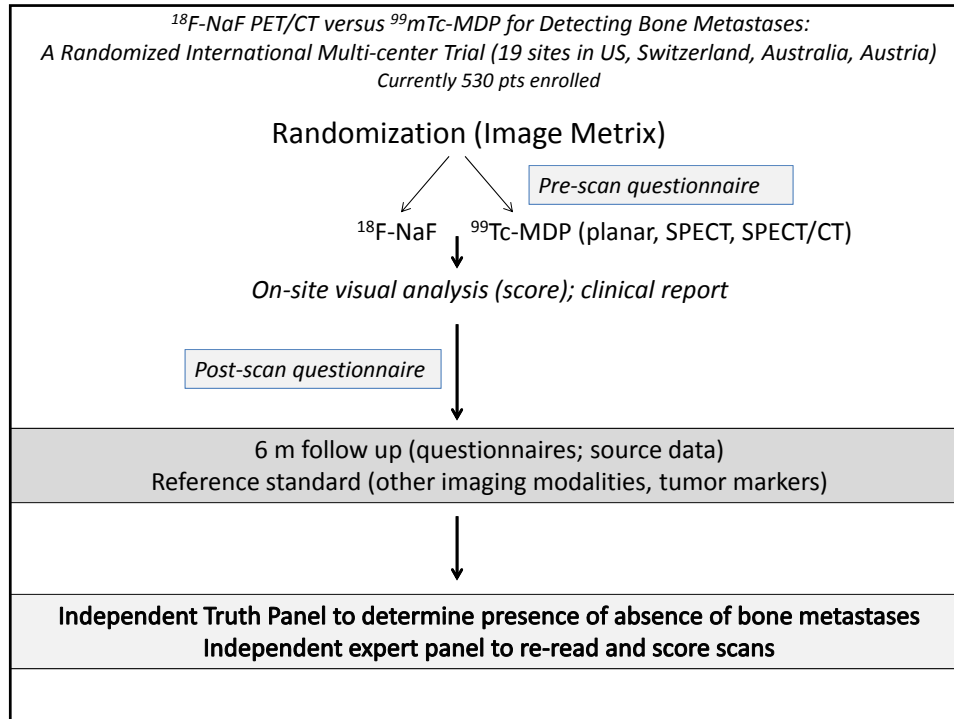
*Now there is, once again NOPR!*

	<sup>18</sup> F-FDG NOPR	<sup>18</sup> F-NaF NOPR
PET scans registered	157,453	8,475
PET scans consented/eligible	116,953	6,417
# facilities (minimum 1 scan)	1,693	633

*But, NOPR alone no longer sufficient..*

NOPR data Courtesy Barry Siegel 2012



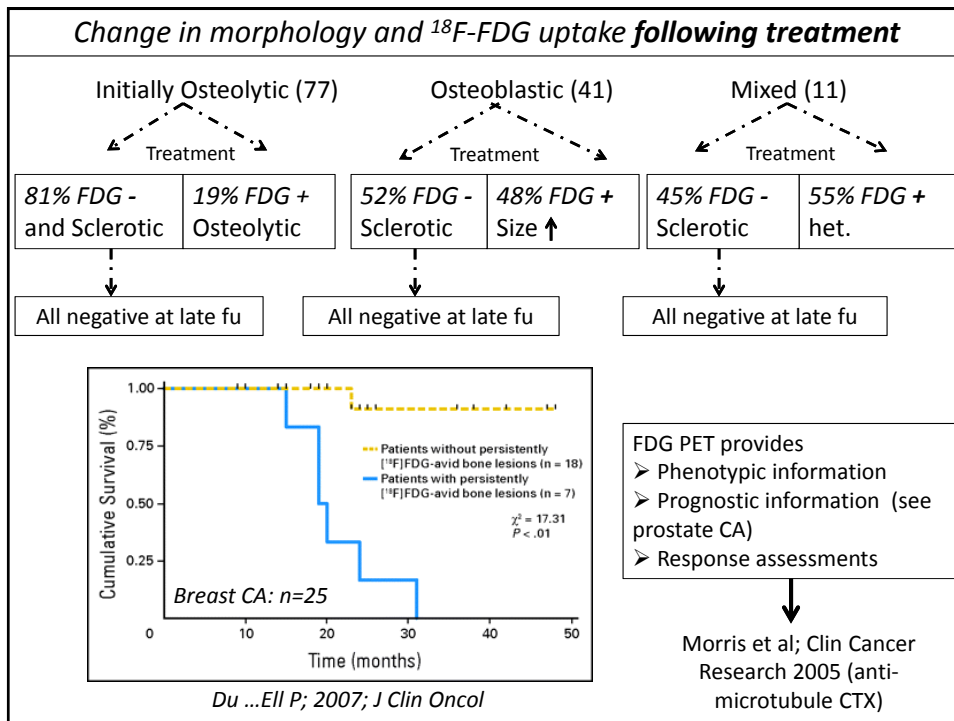
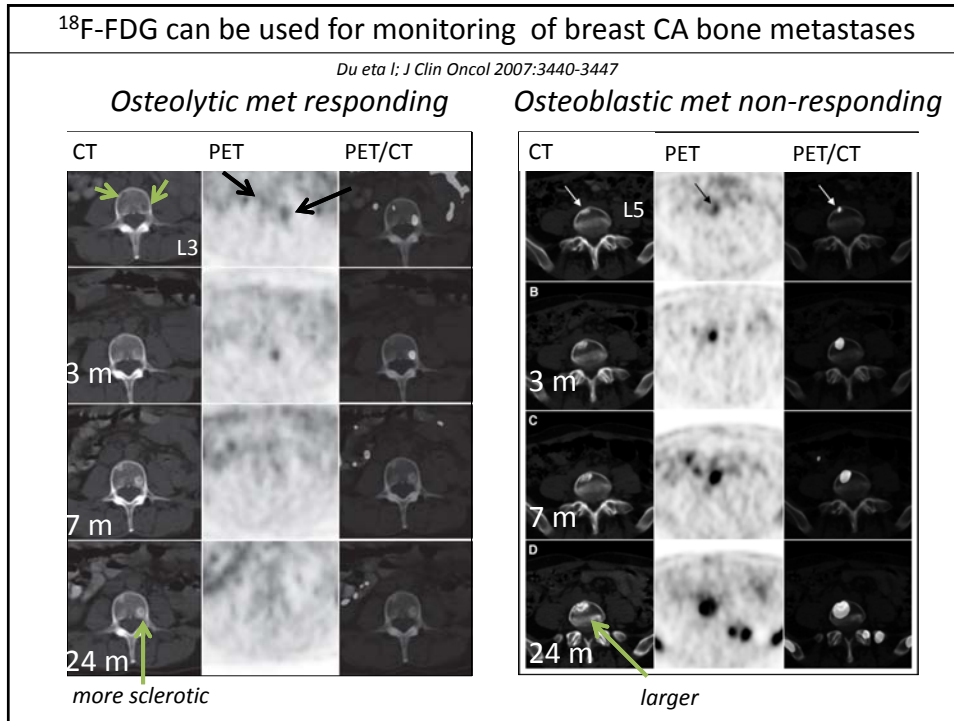


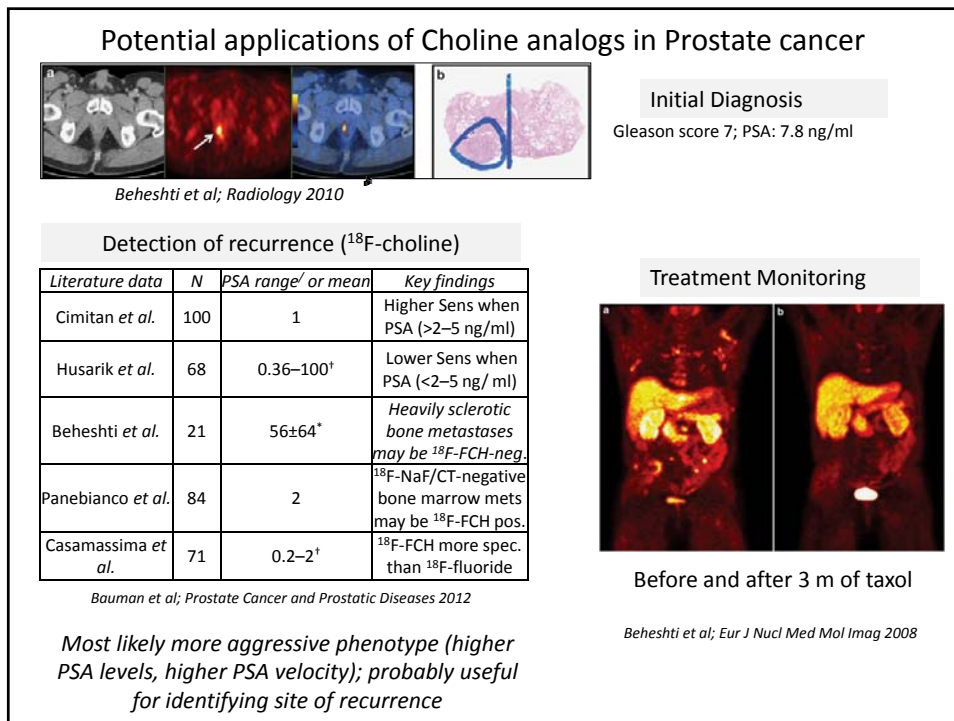
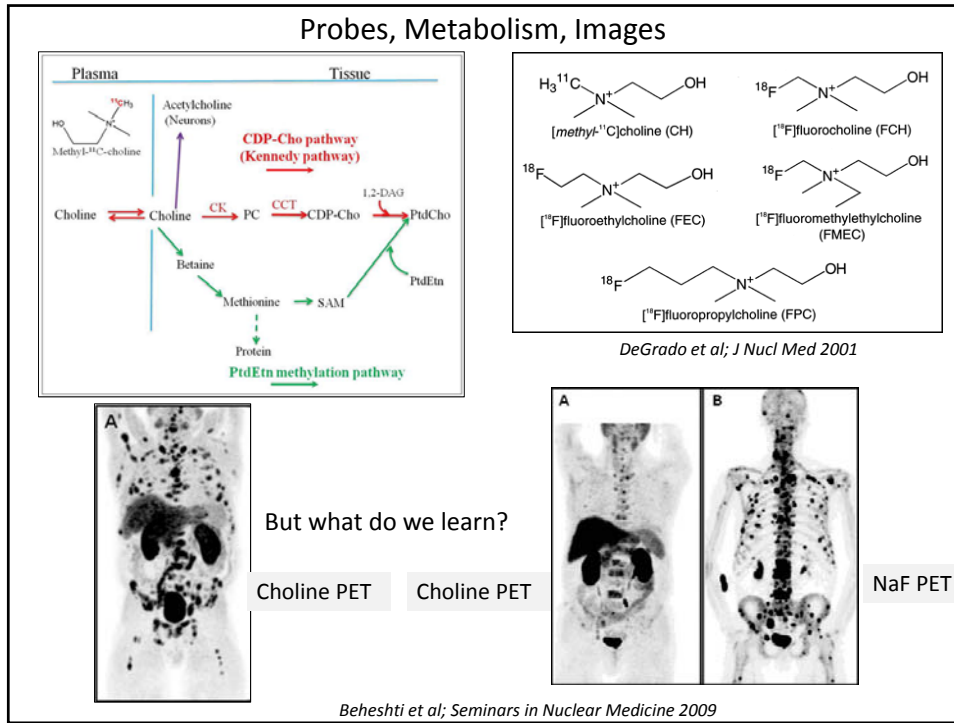
### Surprising Preliminary Results

<b>Bone Mets</b>	<b><sup>18</sup>F-NaF PET/CT</b>	<b><sup>99m</sup>Tc-MDP</b>	<b>Combined</b>
Pos	18/155 (11.6%)	23/167 (13.8%)	41/322 (12.7%)
Neg	137/155 (88.4%)	144/167 (86.2%)	281/322 (87.3%)
Total	155	167	322

	<b><sup>18</sup>F-NaF PET/CT</b>	<b><sup>99m</sup>Tc-MDP</b>
1	0.8687	0.9272
2	0.9267	0.9450
3	0.9645	0.9566

<sup>18</sup>F-NaF does not appear to be superior.....





**The utility of PET is expanding and the emphasis is shifting: Lets focus on phenotyping and predictive biomarkers**

*1990s:*  $^{18}\text{F}$ -FDG and others as diagnostic/prognostic biomarkers (more work to be done; see  $^{18}\text{F}$ -NaF)

*2000s:*  $^{18}\text{F}$ -FDG and others as intermediate endpoint biomarkers (more work to be done; standardization; reimbursement)

*2010s:* - Predictive biomarkers ( $^{18}\text{F}$ -FES;  $^{18}\text{F}$ -DHTS, etc)  
 - PET in drug development (PK and PD)  
 - Theranostics

*Advanced PET/CT: Understand biology of disease  
 Use imaging probes to determine whether the therapeutic target is present and whether the target is inhibited by the drug (PD)*

**Future of PET/CT**

- *Diverse portfolio of PET probes for research and clinic*
  - Diagnostic
  - Phenotypic
  - Prognostic
  - Predictive
  - Intermediate endpoint
- Drug development (PK and PD markers)
- Theranostics (precise organ dosimetry can be studied)

*Together with CT: Most powerful current diagnostic tool in oncology*  
 Role of PET/MRI to be determined (no doubt about research applications)

**Challenges**

- Standardization
- 2000 PET probes (do they make sense?)
- Close cross disciplinary collaborations (Biologists, radio-chem, chemistry, mol. imaging, radiologists, oncologists, material scientists, etc.)
- High regulatory bar (management, outcome, costs, reimbursement)